

**Agency: Commerce, Community and Economic Development****Grants to Named Recipients (AS 37.05.316)****Grant Recipient: Family Centered Services of Alaska****Federal Tax ID: 920129771****Project Title:****Project Type: New Construction and Land Acquisition**

# Family Centered Services of Alaska - Mat-Su Clinical and Training Center for Children and Families

**State Funding Requested: \$300,000****House District: Mat-Su Areawide (13-16)**

One-Time Need

**Brief Project Description:**

Construction of a 6,000 square foot facility in the Matanuska Susitna Valley from which to provide behavioral/mental health treatment, counseling and training services for children, young adults, and their families. The need for the services that will be provided from the facility is due to the present limited availability of mental health and behavioral health services in the Mat-Su Valley and the areas rapidly expanding population.

**Funding Plan:**

Total Project Cost:	\$1,192,000
Funding Already Secured:	(\$892,000)
FY2013 State Funding Request:	(\$300,000)
Project Deficit:	\$0

*Funding Details:*

To date, Family Centered Services of Alaska has purchased land for the facility, and has completed its environmental assessment and architectural design. FCSA received an award of \$50,000 from the Alaska Mental Health Trust Authority in September 2011 and an award of \$100,000 from the Mat-Su Health Foundation in October 2011. The balance of funding already secured is FCSA cash and loan financing.

**Detailed Project Description and Justification:**

The purpose of this facility is to deliver mental health and behavioral health services in a safe, private and confidential setting, directly to youth and family members living in the Mat-Su Valley. Presently, residents of Wasilla, Palmer and the surrounding area have extremely limited access to mental health services. For low income families in particular, the lack of access is extremely acute. This facility is specifically designed to address this problem.

Upon completion, this facility will provide the work space to expand FCSA's current services in the Valley to include counseling and treatment for children that currently live in their family homes and are at risk of being removed from their homes to residential treatment services and/or having an escalation of mental health problems without early intervention and treatment. The population to be served also includes children that must leave their homes for residential treatment programs and require continued support. Our proposed facility will also make available classrooms that will be utilized for parent training, family support classes, and group behavioral health classes, and has been designed to assure privacy for individual, group and family counseling meetings in a location that is convenient to the residents of Wasilla, Palmer and the greater Matanuska Susitna Valley.

FCSA understands the communities' needs and gaps in service, and is an active collaborator with other human service providers in the area. FCSA is the only provider exclusively serving children needing residential behavioral/mental health treatment services in a family group home setting. FCSA regularly collaborates with Denali Family Services, Mat-Su Health Foundation, Alaska Family Services, Hope Community Resources, Mat-Su Health Services, Co-occurring Disorders Institute (CODI), and Boys & Girls Club.

FCSA brought their skilled experience in children and family services to the Mat-Su Valley in 2008. This action was prompted by the significant number of children that were leaving the Valley to receive residential mental health services in FCSA's Fairbanks treatment programs. At that time, 30% of the children enrolled annually in FCSA's Fairbanks residential treatment programs were from the Mat-Su Valley. FCSA responded by constructing three therapeutic family group homes in the summer of 2009 and placed these into service later that fall. In 2011, FCSA constructed two additional therapeutic family homes, with each home serving up to five children. In addition, we continue to recruit, support and contract with private therapeutic foster homes in the area.

FCSA's current capacity provides residential services to approximately 26 children and their family members, at any given time. Even with FCSA's considerable investment of human and financial resources, we are acutely aware of our inability to meet the demand for services in the area. The growing need is well documented.

With the construction of our proposed facility to extend counseling, training and outpatient services, we project that the number of children and families served will double in the two years following construction, and double again the following year. This significant increase will be the result of FCSA's ability to provide outpatient services and support for Mat-Su Valley children residing at their parental home or in a foster home.

The proposed facility will be 6,000 sq. ft. and similar in design to one FCSA constructed in Fairbanks to provide like services. FCSA's staff has the experience and documented history of successfully undertaking construction projects of a similar nature. A majority of the facilities owned and operated by FCSA have been constructed by the organization.

FCSA will be responsible for providing and paying for all ongoing maintenance. FCSA has a fulltime facility manager who is responsible for the maintenance and oversight of its 18 facilities. The additional maintenance costs associated with this project will be absorbed into FCSA's annual operating budget.

### **Project Timeline:**

If funding is secured during the 2013 legislative session, the following timeline will apply:

- 1) Fall 2011 - purchase land; (Completed)
- 2) Fall 2011 - finalize facility design; (Completed)
- 3) Spring 2012 - secure all necessary funding;
- 4) May 2012 - select general contractor;
- 5) June 2012 - commence construction;
- 6) December 2012 - facility construction completed
- 7) January 2013 - facility placed in service.

### **Entity Responsible for the Ongoing Operation and Maintenance of this Project:**

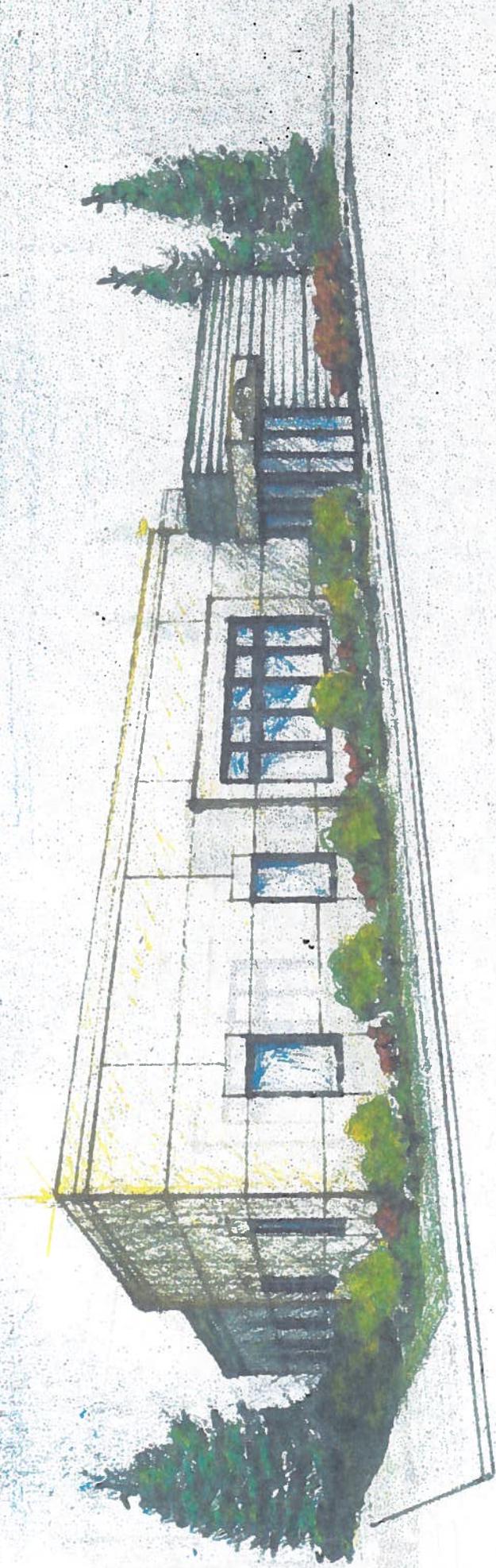
Family Centered Services of Alaska

**Grant Recipient Contact Information:**

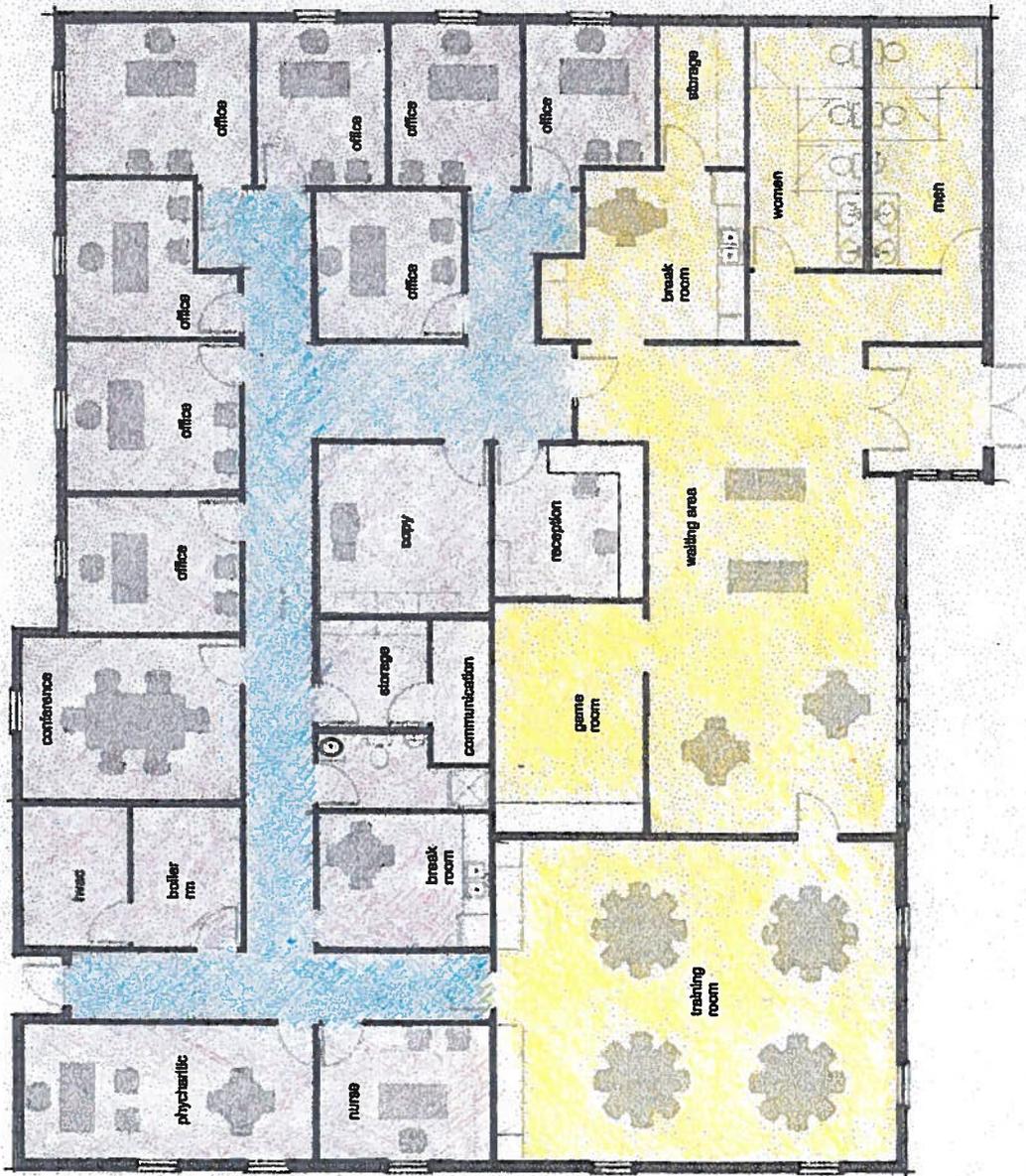
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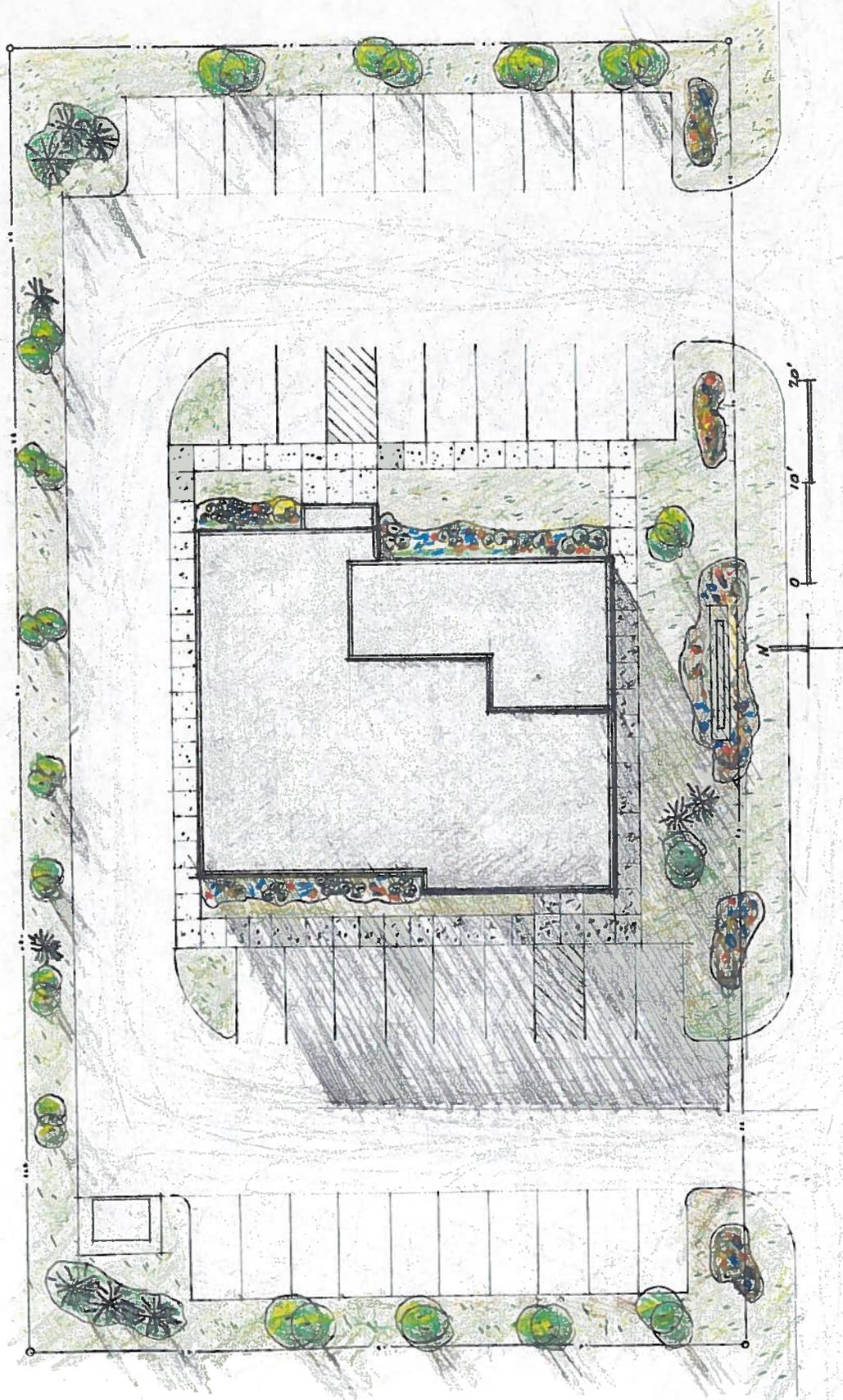
Has this project been through a public review process at the local level and is it a community priority?  Yes  No

<i>For use by Co-chair Staff Only:</i>
3:19 PM 5/2/2012



Family Centered Services of Alaska  
Mat-Su Clinical & Training Center for Children & Families





JUNE 21 EARLY MORNING

**Family Centered Services of Alaska**  
**Capital Project Budget Allocated by cost Center and Funding Source**  
**Mat-Su Clinical & Training Center for Children & Families**

Revised as of 01-31-2012

Expenditure Category	FCSA	Mat-Su Health Foundation	Alaska Mental HealthTrust	State of AK Leg. Grant	Total Budgeted Cost
1 Land	\$ 185,000				\$ 185,000
2 Environmental Assessment	\$ 6,000				\$ 6,000
3 Architectural Design	\$ 20,000				\$ 20,000
4 Permitting & Inspection Fees			\$ 4,000		\$ 4,000
5 Construction Cost	\$ 454,000	\$ 100,000	\$ 46,000	\$ 300,000	\$ 900,000
6 Paving	\$ 28,000				\$ 28,000
7 Landscaping	\$ 15,000				\$ 15,000
8 Construction Contingency	\$ 34,000				\$ 34,000
<b>Total Project Cost</b>	<b>\$ 742,000</b>	<b>\$ 100,000</b>	<b>\$ 50,000</b>	<b>\$ 300,000</b>	<b>\$ 1,192,000</b>
<b>Actual to date 10/27/2011</b>	<b>\$ 742,000</b>	<b>\$ 100,000</b>	<b>\$ 50,000</b>	<b>\$ -</b>	<b>\$ 892,000</b>

Percent of Contribution to Project      62%      8%      4%      25%      100%

- Note #1 Construction cost estimated at \$150. per sq. ft.
- Note #2: Total Sq. Footage of the facility 6,000 sq. ft.
- Note #3: Facility to be fully sprinkled
- Note #4: Paving estimate based on 14,000 sq. ft. at \$2.00 per sq. ft.
- Note #5: Contingency estimated at 3.5% of cost categories 3 - 7
- Note #6: Furniture and appliances estimated not to exceed \$15,000, not included in project budget