

# **State of Alaska FY2012 Governor's Operating Budget**

## **Department of Health and Social Services AK Fetal Alcohol Syndrome Program Component Budget Summary**

## Component: AK Fetal Alcohol Syndrome Program

### Contribution to Department's Mission

To reduce alcoholism and substance use among pregnant women and women of child bearing age, thereby reducing the incidence of fetal alcohol spectrum disorders (FASD).

The expected outcomes of the Alaska Fetal Alcohol Syndrome (FAS) program are to prevent alcohol-related birth defects, to increase diagnostic services in Alaska, to improve and increase the delivery of community-based services to those individuals already affected by Fetal Alcohol Spectrum Disorders (FASD) and to evaluate the outcomes of our statewide project.

### Core Services

- Services include provider and family training about Fetal Alcohol Spectrum Disorders (FASD), public awareness and education, coordination of a statewide network of diagnostic services, community support through grants and contracts, and the ongoing development of partnerships with other divisions, departments, community agencies, Native health corporations and parents/caregivers to decrease the prevalence of FASD across Alaska.

### Key Component Challenges

- A lack of diagnostic services available across Alaska to adequately meet the needs of those families requesting diagnostic services. While we currently have eight community-based diagnostic teams functioning in Alaska, most provide services once or twice a month; they are part-time and can only see a limited number of clients.
- Alaska data continues to show high rates of Alaska women engaging in high-risk drinking and binge drinking. While Pregnancy Risk Assessment Monitoring System (PRAMS) data indicates fewer women are drinking during pregnancy, many women are drinking heavily before they know they are pregnant, creating many high-risk situations. There continue to be mixed messages from some members of our medical community about the dangers of alcohol during pregnancy. The stated belief is that there should be no alcohol consumed during pregnancy; this is the only guarantee that a fetus will not be born with a disability related to prenatal exposure to alcohol.
- While many women are ready to enter substance abuse treatment once they become pregnant, there is a lack of treatment resources specifically focused on treating pregnant woman and helping them to maintain their sobriety after their pregnancy has concluded.
- A lack of adequate training about fetal alcohol spectrum disorder and how to best serve an individual with this disability, leads to many individuals developing secondary conditions stemming from their primary disability [permanent damage to the central nervous system (the brain)]. Inappropriate services or lack of services can lead to secondary conditions such as school failure, involvement with the law, inappropriate sexual behavior, mental health conditions, abuse of alcohol and other drugs, and the need for life-long assisted living. Lack of appropriate services and an inadequate number of services for this population are particularly evident in rural and remote Alaska.

### Significant Changes in Results to be Delivered in FY2012

No significant changes in results to be delivered in FY12.

### Updated Status for Changes in Results to be Delivered in FY2011

- Increased Access to FASD Treatment Services in Rural Alaska: Access to adequate and appropriate services for individuals with a fetal alcohol spectrum disorder are limited across Alaska, but particularly so in rural and remote Alaska communities.

**Status Update:** It has been decided that the delivery method for getting these resources to individuals and families is through a Provider Agreement funding mechanism. We are identifying the top four priority services most individuals need following a diagnosis by one of the state-funded diagnostic teams in the four identified communities. A set cost-per service will be established and a solicitation for Provider Agreement will be posted. Once approved providers are in place, with signed Provider Agreements with the state, referrals can be made by the diagnostic teams, to the approved providers of services.

## Major Component Accomplishments in 2010

The Alaska FASD Initiative began in January 1998. Since that time many strategies and interventions have been utilized to begin “turning the curve” on the state’s prevalence rates. In February 2010, new Alaska FAS prevalence rates were released showing an overall 32% decrease in FAS births prevalence from 19.9 to 13.5 per 10,000 live births and a 49% decline among Alaska Native births, from 63.1 to 32.4 per 10,000. While there is still much progress to make, as a state, our prevalence numbers are moving in the right direction. A copy of the Epidemiology Bulletin is available at: [http://www.epi.hss.state.ak.us/bulletins/docs/b2010\\_03.pdf](http://www.epi.hss.state.ak.us/bulletins/docs/b2010_03.pdf).

## Statutory and Regulatory Authority

AS 47.30.470-500	Mental Health
AS 47.37	Uniform Alcoholism & Intoxication Treatment Act
7 AAC 78 & 81	Grant Programs

Contact Information
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**AK Fetal Alcohol Syndrome Program  
Component Financial Summary**

*All dollars shown in thousands*

	<b>FY2010 Actuals</b>	<b>FY2011 Management Plan</b>	<b>FY2012 Governor</b>
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	193.9	194.1	194.1
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	1,273.1	1,574.4	1,574.4
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>1,467.0</b>	<b>1,768.5</b>	<b>1,768.5</b>
<b>Funding Sources:</b>			
1004 General Fund Receipts	1,407.5	1,409.0	1,409.0
1037 General Fund / Mental Health	59.5	359.5	359.5
<b>Funding Totals</b>	<b>1,467.0</b>	<b>1,768.5</b>	<b>1,768.5</b>

**Summary of Component Budget Changes  
From FY2011 Management Plan to FY2012 Governor**

*All dollars shown in thousands*

	<u>Unrestricted Gen (UGF)</u>	<u>Designated Gen (DGF)</u>	<u>Other Funds</u>	<u>Federal Funds</u>	<u>Total Funds</u>
<b>FY2011 Management Plan</b>	<b>1,768.5</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>1,768.5</b>
<b>FY2012 Governor</b>	<b>1,768.5</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>1,768.5</b>

**Component Detail All Funds**  
**Department of Health and Social Services**

**Component:** AK Fetal Alcohol Syndrome Program (2598)  
**RDU:** Behavioral Health (483)

	FY2010 Actuals	FY2011 Conference Committee (Final)	FY2011 Authorized	FY2011 Management Plan	FY2012 Governor	FY2011 Management Plan vs FY2012 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	193.9	194.1	194.1	194.1	194.1	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	1,273.1	1,574.4	1,574.4	1,574.4	1,574.4	0.0	0.0%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
<b>Totals</b>	<b>1,467.0</b>	<b>1,768.5</b>	<b>1,768.5</b>	<b>1,768.5</b>	<b>1,768.5</b>	<b>0.0</b>	<b>0.0%</b>
<b>Fund Sources:</b>							
1004 Gen Fund	1,407.5	1,409.0	1,409.0	1,409.0	1,409.0	0.0	0.0%
1037 GF/MH	59.5	359.5	359.5	359.5	359.5	0.0	0.0%
<b>Unrestricted General (UGF)</b>	<b>1,467.0</b>	<b>1,768.5</b>	<b>1,768.5</b>	<b>1,768.5</b>	<b>1,768.5</b>	<b>0.0</b>	<b>0.0%</b>
<b>Designated General (DGF)</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Other Funds</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Federal Funds</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Positions:</b>							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

**Change Record Detail - Multiple Scenarios With Descriptions**  
**Department of Health and Social Services**

**Component:** AK Fetal Alcohol Syndrome Program (2598)

**RDU:** Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2011 Conference Committee (Final) To FY2011 Authorized *****												
<b>FY2011 Conference Committee</b>												
	ConfCom	1,768.5	0.0	0.0	194.1	0.0	0.0	1,574.4	0.0	0	0	0
1004 Gen Fund		1,409.0										
1037 GF/MH		359.5										
<b>Subtotal</b>		<b>1,768.5</b>	<b>0.0</b>	<b>0.0</b>	<b>194.1</b>	<b>0.0</b>	<b>0.0</b>	<b>1,574.4</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>
***** Changes From FY2011 Authorized To FY2011 Management Plan *****												
<b>Subtotal</b>		<b>1,768.5</b>	<b>0.0</b>	<b>0.0</b>	<b>194.1</b>	<b>0.0</b>	<b>0.0</b>	<b>1,574.4</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>
***** Changes From FY2011 Management Plan To FY2012 Governor *****												
<b>Totals</b>		<b>1,768.5</b>	<b>0.0</b>	<b>0.0</b>	<b>194.1</b>	<b>0.0</b>	<b>0.0</b>	<b>1,574.4</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>

**Line Item Detail**  
**Department of Health and Social Services**  
**Services**

**Component:** AK Fetal Alcohol Syndrome Program (2598)  
**RDU:** Behavioral Health (483)

Line Number	Line Name			FY2010 Actuals	FY2011 Management Plan	FY2012 Governor
73000	Services			193.9	194.1	194.1
Expenditure Account	Servicing Agency	Explanation		FY2010 Actuals	FY2011 Management Plan	FY2012 Governor
<b>73000 Services Detail Totals</b>				<b>193.9</b>	<b>194.1</b>	<b>194.1</b>
73818	Training (Services-IA Svcs)	Univ	RSA with the University for Substance Abuse Prevention and FAS matters	193.9	194.1	194.1

**Line Item Detail**  
**Department of Health and Social Services**  
**Grants, Benefits**

**Component:** AK Fetal Alcohol Syndrome Program (2598)  
**RDU:** Behavioral Health (483)

Line Number	Line Name		FY2010 Actuals	FY2011 Management Plan	FY2012 Governor
77000	Grants, Benefits		1,273.1	1,574.4	1,574.4
<b>Expenditure Account</b>			<b>FY2010 Actuals</b>	<b>FY2011 Management Plan</b>	<b>FY2012 Governor</b>
			<b>77000 Grants, Benefits Detail Totals</b>	<b>1,273.1</b>	<b>1,574.4</b>
77111	Prevention	In FY11, FAS grant funds were allocated, but not limited to the following agencies:  Central Peninsula General Hospital Ketchikan Indian Corporation Rural Alaska Community Action Program Safe & Fear-Free Environment Stone Soup Group Volunteers of America of Alaska Yukon Kuskokwim Health Corporation	780.0	756.3	756.3
77111	Prevention	FASD treatment service expansion to Juneau, Kenai, Sitka, Bethel.	0.0	300.0	300.0
77312	Prevention (Taxable)	Funding for FAS Diagnostic Team provider agreements.	493.1	518.1	518.1

**Inter-Agency Services**  
**Department of Health and Social Services**

**Component:** AK Fetal Alcohol Syndrome Program (2598)  
**RDU:** Behavioral Health (483)

Expenditure Account	Service Description	Service Type	Servicing Agency	FY2010 Actuals	FY2011	
					Management Plan	FY2012 Governor
73818	Training (Services-IA Svcs) RSA with the University for Substance Abuse Prevention and FAS matters	Inter-dept	Univ	193.9	194.1	194.1
<b>73818 Training (Services-IA Svcs) subtotal:</b>				<b>193.9</b>	<b>194.1</b>	<b>194.1</b>
<b>AK Fetal Alcohol Syndrome Program total:</b>				<b>193.9</b>	<b>194.1</b>	<b>194.1</b>
<b>Grand Total:</b>				<b>193.9</b>	<b>194.1</b>	<b>194.1</b>