

State of Alaska FY2011 Governor's Operating Budget

Department of Health and Social Services AK Fetal Alcohol Syndrome Program Component Budget Summary

Component: AK Fetal Alcohol Syndrome Program

Contribution to Department's Mission

To reduce alcoholism and substance use among pregnant women and women of child bearing age, thereby reducing the incidence of fetal alcohol spectrum disorders (FASD).

The expected outcomes of the Alaska Fetal Alcohol Syndrome (FAS) program are to prevent alcohol-related birth defects, to increase diagnostic services in Alaska, to improve and increase the delivery of community-based services to those individuals already affected by Fetal Alcohol Spectrum Disorders (FASD) and to evaluate the outcomes of our statewide project.

Core Services

- Services include provider and family training about Fetal Alcohol Spectrum Disorders (FASD), public awareness and education, coordination of a statewide network of diagnostic services, community support through grants and contracts, and the ongoing development of partnerships with other divisions, departments, community agencies, Native health corporations and parents/caregivers to decrease the prevalence of FASD across Alaska.

Key Component Challenges

- A lack of diagnostic services available across Alaska to adequately meet the needs of those families requesting diagnostic services. While we currently have eight community-based diagnostic teams functioning in Alaska, most provide services once or twice a month; they are part-time and can only see a limited number of clients.
- Alaska data continues to show high rates of Alaska women engaging in high-risk drinking and binge drinking. While Pregnancy Risk Assessment Monitoring System (PRAMS) data indicates fewer women are drinking during pregnancy, many women are drinking heavily before they know they are pregnant, creating many high-risk situations. There continue to be mixed messages from some members of our medical community about the dangers of alcohol during pregnancy. The stated belief is that there should be no alcohol consumed during pregnancy; this is the only guarantee that a fetus will not be born with a disability related to prenatal exposure to alcohol.
- While many women are ready to enter substance abuse treatment once they become pregnant, there is a lack of treatment resources specifically focused on treating pregnant woman and helping them to maintain their sobriety after their pregnancy has concluded.
- A lack of adequate training about fetal alcohol spectrum disorder and how to best serve an individual with this disability, leads to many individuals developing secondary conditions stemming from their primary disability [permanent damage to the central nervous system (the brain)]. Inappropriate services or lack of services can lead to school failure, involvement with the law, inappropriate sexual behavior, mental health conditions, abuse of alcohol and other drugs, and the need for life-long assisted living. Lack of appropriate services and an inadequate number of services for this population are particularly evident in rural and remote Alaska.

Significant Changes in Results to be Delivered in FY2011

Fetal Alcohol Spectrum Disorders (FASD) Diagnostic Services—Expansion of Statewide Diagnostic Network and Provider Agreement fund: Currently the Alaska FASD Diagnostic Team Network consists of eight diagnostic teams. Through a Provider Agreement payment system, DBH pays providers \$3,000 per completed diagnosis. During FY10 and FY11 we anticipate the development of one new team in Anchorage (through Assets, Inc.) and the restart of former teams in Sitka, Dillingham, Copper Center and Ketchikan. Each of these communities had a team in the past, and suspended services due to staff changes and loss of critical team players. All four are currently working to re-establish themselves and begin offering services by FY11. Funds requested are to increase our current Provider Agreement fund allocation of \$596,000 to increase the number of diagnoses by 20% and to enhance the current payment by \$200.00 per diagnosis, specifically to cover the services of the required Parent Navigator. Currently Parent Navigators are the only team members who volunteer their time, without compensation. The additional \$200 per diagnosis would cover approximately 10-15 hours of work by the Parent Navigator per individual diagnosis. These funds will:

- Increase regional capacity and access to FASD diagnostic services by 30% by FY12;
- Reduce the time between referral and diagnoses by 20% by FY12; and
- Increase the percentage of time Parent Navigators are able to spend with families before, during and after a FASD diagnosis has occurred, thereby increasing family understanding of the implications of diagnosis and access to resources and services available to improve the outcomes for the individual with a FASD.

Increased Access to FASD Treatment Services in Rural Alaska: Access to adequate and appropriate services for individuals with a fetal alcohol spectrum disorder are limited across Alaska, but particularly so in rural and remote Alaska communities. Through these increased funds we will be able to:

- Target grant funds to build and maintain increased treatment capacity in those communities with an active diagnostic team so that children, youth and adults can receive appropriate therapies, services and accommodations as close to home as possible. Receiving a diagnosis is the first step to receiving appropriate services to improve the individual's long-term outcomes.
- Increase availability and utilization of occupational, physical and speech therapies;
- Reduce the number of children diagnosed with a FASD who are admitted to residential psychiatric treatment centers, including out-of-state placements; and
- Increase the knowledge, skills and competencies of all service providers who deliver services to children, youth and adults with a disability resulting from prenatal exposure to alcohol.

Major Component Accomplishments in 2009

The Alaska Fetal Alcohol Spectrum Disorder (FASD) Program highlights include:

- FY09 was the third full-year of the FASD Diagnostic Services Provider Agreements. Eight community-based diagnostic teams are currently certified providers serving Fairbanks, Tok, Bethel, Anchorage, Mat-Su, Kodiak, Kenai/Soldotna, Juneau and Sitka.
- Service providers in Anchorage are working to develop a second diagnostic team to serve children, youth and adults who are not beneficiaries of the Alaska Native Medical Center (currently the only Anchorage-based team is located at Southcentral Foundation and serves primarily Alaska Native clients). Assets, Inc. in Anchorage has taken the lead in developing the new team; team members have been identified, they are currently receiving training in the University of Washington's 4-Digit Diagnostic Code process; and they are completing their paperwork to apply to become a certified Alaska Provider of FASD Diagnostic Services and to receive Provider Agreement payments. We anticipate services being offered in early 2010.
- Copper River is rebuilding their diagnostic teams and intends to be providing services again during FY10. They have completed their application package to submit for certification and approval as an Alaska Provider of FASD Diagnostic Services and to receive Provider Agreement payments. They anticipate being ready to offer services before the end of 2009.
- We continue to work on the development of a new database for collecting and analyzing FASD diagnostic data from FY08, FY09 and FY10. It is expected that sometime during FY10 the FASD diagnostic data will become part of AKAIMS. The module has been developed and we will begin testing and implementation during FY10.
- The FASD 101 curriculum revision project, initiated in FY08, was completed in March 2009. The curriculum has been updated, with new and relevant information based on the best research and science available. The training is aimed at increasing the knowledge, skills and competencies of all service providers across disciplines working with individuals and families impacted by a FASD.
- Each year September 9 is recognized as International FASD Prevention and Awareness Day, with FASD community coalitions across Alaska organizing a vast array of diverse and creative strategies for increasing knowledge about FASD and engaging community member's participation. This year, the communities of Fairbanks, Anchorage, Kenai, Kodiak, Bethel and Juneau all held events to increase the education, knowledge and awareness about the dangers of drinking alcohol during pregnancy.

Statutory and Regulatory Authority

AS 47.30.470-500

Mental Health

AS 47.37
7 AAC 78 & 81

Uniform Alcoholism & Intoxication Treatment Act
Grant Programs

Contact Information

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**AK Fetal Alcohol Syndrome Program
Component Financial Summary**

All dollars shown in thousands

	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	194.1	194.1	194.1
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	1,098.7	1,274.4	1,503.0
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	1,292.8	1,468.5	1,697.1
Funding Sources:			
1004 General Fund Receipts	1,292.8	1,409.0	1,409.0
1037 General Fund / Mental Health	0.0	59.5	288.1
Funding Totals	1,292.8	1,468.5	1,697.1

**Summary of Component Budget Changes
From FY2010 Management Plan to FY2011 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2010 Management Plan	1,468.5	0.0	0.0	1,468.5
Proposed budget increases:				
-MH Trust: AK MH/Alc Bd-Increased Access to FASD Treatment Svcs Rural AK	228.6	0.0	0.0	228.6
FY2011 Governor	1,697.1	0.0	0.0	1,697.1

Component Detail All Funds
Department of Health and Social Services

Component: AK Fetal Alcohol Syndrome Program (2598)
RDU: Behavioral Health (483)

	FY2009 Actuals	FY2010 Conference Committee	FY2010 Authorized	FY2010 Management Plan	FY2011 Governor	FY2010 Management Plan vs FY2011 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	194.1	194.1	194.1	194.1	194.1	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	1,098.7	1,158.2	1,158.2	1,274.4	1,503.0	228.6	17.9%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	1,292.8	1,352.3	1,352.3	1,468.5	1,697.1	228.6	15.6%
Fund Sources:							
1004 Gen Fund	1,292.8	1,292.8	1,292.8	1,409.0	1,409.0	0.0	0.0%
1037 GF/MH	0.0	59.5	59.5	59.5	288.1	228.6	384.2%
General Funds	1,292.8	1,352.3	1,352.3	1,468.5	1,697.1	228.6	15.6%
Federal Funds	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Other Funds	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

Change Record Detail - Multiple Scenarios With Descriptions
Department of Health and Social Services

Component: AK Fetal Alcohol Syndrome Program (2598)

RDU: Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2010 Conference Committee To FY2010 Authorized *****												
FY2010 Conference Committee												
	ConfCom	1,352.3	0.0	0.0	194.1	0.0	0.0	1,158.2	0.0	0	0	0
1004 Gen Fund		1,292.8										
1037 GF/MH		59.5										
Subtotal		1,352.3	0.0	0.0	194.1	0.0	0.0	1,158.2	0.0	0	0	0
***** Changes From FY2010 Authorized To FY2010 Management Plan *****												
ADN 06-0-0095 Transfer GF Authority from Community Action Prevention & Intervention Component												
	Trin	116.2	0.0	0.0	0.0	0.0	0.0	116.2	0.0	0	0	0
1004 Gen Fund		116.2										
Subtotal		1,468.5	0.0	0.0	194.1	0.0	0.0	1,274.4	0.0	0	0	0
***** Changes From FY2010 Management Plan To FY2011 Governor *****												
MH Trust: AK MH/AIc Bd-Increased Access to FASD Treatment Svcs Rural AK												
	Inc	228.6	0.0	0.0	0.0	0.0	0.0	228.6	0.0	0	0	0
1037 GF/MH		228.6										
Totals		1,697.1	0.0	0.0	194.1	0.0	0.0	1,503.0	0.0	0	0	0

Transfer general fund authority from the Community Action Prevention & Intervention (CAPI) component to the AK Fetal Alcohol Syndrome Program component for Fetal Alcohol Spectrum Disorder (FASD) Provider Agreements. Four FASD teams (Sitka, Dillingham, Copper Center and Ketchikan) had suspended services due to staff changes and loss of critical team players. All four are currently working to re-establish themselves and begin offering services during FY 2010. This had not been anticipated during the development of the FY 2010 Governor's budget. The general fund is available in the CAPI because an RSA with the University for career ladder articulation for village & rural counselors will not occur in FY 2010. The division is already funding an RSA with the University for Rural Human Services counselor training and an RSA for the development of a rural intensive Bachelor of Social Work. It was the division's decision to re-allocate funding for FASD training to increase regional capacity and access to FASD diagnostic services.

Targeted grant funds will build and maintain treatment capacity in those communities with active diagnostic teams so that children receive appropriate therapies and services as close to home as possible.

Outcomes are expected to include increased utilization of occupational, physical, and speech therapies; reduction in the number of children diagnosed with FASD who are admitted to RPTCs, including out-of-state placements; and increased clinician competencies to deliver services to children diagnosed with FASD.

This recommendation is expected to benefit Alaskan children born affected by prenatal alcohol exposure since 1993 (ages 0-18), as well as the 178 children we estimate will be born with some level of effect from prenatal alcohol exposure each year after 2011.

Line Item Detail
Department of Health and Social Services
Services

Component: AK Fetal Alcohol Syndrome Program (2598)
RDU: Behavioral Health (483)

Line Number	Line Name			FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
73000	Services			194.1	194.1	194.1
Expenditure Account	Servicing Agency	Explanation		FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
73000 Services Detail Totals				0.0	0.0	194.1
73002	Interagency Services	Univ	RSA with UA for FASD 201 Curriculum revision.	0.0	0.0	194.1

Line Item Detail
Department of Health and Social Services
Grants, Benefits

Component: AK Fetal Alcohol Syndrome Program (2598)
RDU: Behavioral Health (483)

Line Number	Line Name		FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
77000	Grants, Benefits		1,098.7	1,274.4	1,503.0
Expenditure Account	Servicing Agency	Explanation	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
77000 Grants, Benefits Detail Totals			0.0	0.0	1,503.0
77111	Prevention	In FY10, grant awards were allocated, but not limited to the following agencies: Central Peninsula General Hospital Ketchikan Indian Corporation Rural Alaska Community Action Program Safe & Fear-Free Environment Stone Soup Group Volunteers of America of Alaska Yukon Kuskokwim Health Corporation	0.0	0.0	696.8
77111	Prevention	Increase for grant programs providing prevention services.	0.0	0.0	59.5
77111	Prevention	Grants to build and maintain Tx capacity in communities with active diagnostic teams	0.0	0.0	228.6
77312	Prevention (Taxable)	Funding for FAS Diagnostic Team provider agreements.	0.0	0.0	518.1

Inter-Agency Services
Department of Health and Social Services

Component: AK Fetal Alcohol Syndrome Program (2598)
RDU: Behavioral Health (483)

<u>Expenditure Account</u>	<u>Service Description</u>	<u>Service Type</u>	<u>Servicing Agency</u>	<u>FY2009 Actuals</u>	<u>FY2010 Management Plan</u>	<u>FY2011 Governor</u>	
73002	Interagency Services	RSA with UA for FASD 201 Curriculum revision.	Inter-dept	Univ	0.0	0.0	194.1
73002 Interagency Services subtotal:					0.0	0.0	194.1
AK Fetal Alcohol Syndrome Program total:					0.0	0.0	194.1
Grand Total:					0.0	0.0	194.1