

State of Alaska FY2011 Governor's Operating Budget

Department of Health and Social Services Rural Services and Suicide Prevention Component Budget Summary

Component: Rural Services and Suicide Prevention

Contribution to Department's Mission

To encourage and support regional and community-based efforts in rural and remote Alaska, focusing on prevention of suicide, depression and other self-destructive behaviors by building a strong, skilled and prepared workforce utilizing a service delivery system using a combination of traditional Alaska Native and western practices.

Core Services

- Programs include the Community-Based Suicide Prevention Program (CBSPP), providing funds to develop data-driven, community-based strategies focused on prevention of suicide and increased mental health. The Rural Human Services System Project (RHSSP) provides funds to regional agencies to hire, train, and supervise village-based counselors, to attend the UAF Rural Human Services Certification program.
- Both the Community-Based Suicide Prevention Program and the Rural Human Services System Project focus on ensuring that needed services are both available in, and culturally appropriate to, the villages and communities of rural Alaska. Services and strategies provide a wide range of prevention and early intervention services. RHS trained village-based counselors provide a full range of paraprofessional services from screening to aftercare under the supervision of more advanced practitioners.
- The RHSSP training program is administered by the University of Alaska Fairbanks, College of Rural Alaska. The Rural Human Services (RHS) certificate is the first step in developing local talent that is committed to remain in their home community and to enter the social services fields. Upon completing their RHS certification, students are encouraged to continue their education with an Associate of Arts degree in human services, a Bachelor's in social work and a Master's degree if desired.
- RHS trained, village-based counselors provide integrated substance abuse and mental health outpatient, aftercare and support services as well as prevention and education activities throughout rural and remote Alaska.

Key Component Challenges

- This budget component aims to serve every region of the state by developing programming and a well-trained workforce to serve our rural and remote villages throughout Alaska. The goal is to provide culturally responsive services by developing counselors trained specifically to work in rural Alaska and to use traditional Alaska Native intervention and service approaches. This budget component includes two specific programs: 1) the Rural Human Services Systems Project (RHSSP) and 2) the Community-Based Suicide Prevention Project (CBSPP).
- The Rural Human Services Systems Project is a workforce development partnership with the University of Alaska's (UAF) Rural Human Services (RHS) certification program. The RHS program is a 30-hour rural behavioral health training program that brings rural-based students into the UAF educational "pipeline", providing a 2-year cohort educational model that is specifically geared toward rural social service providers. One challenge agencies are dealing with is finding individuals ready and willing to enter the RHS program and to retain those counselors once trained. Much of the RHS training requires students to be on campus in Fairbanks for six weeks a year. Prior to FY10, students had to be in Fairbanks for two 3-week sessions, a long time to be gone from home, especially if students have children. In FY10, UAF is changing to three 2-week sessions to address the travel hardship. Another challenge is coordinating with the new Indian Health Service (IHS) Behavioral Health Aide program to eliminate duplication and enhance the efforts of each group. We are working closely with the UAF to identify ways to increase our partnership, better utilize these limited funds, and maximize and sustain the outcomes of the Rural Human Service training program.
- The CBSPP is a program developed to meet the needs of rural Alaska, where our state's suicide rates are often much higher than in urban areas of the state. These grant dollars help focus on the needs of small communities with limited resources, but with a great many challenges with alcohol and drug use, unemployment, mental health concerns, and a loss of cultural identity. We are working hard to enhance training for project coordinators and establish or broaden links among projects. The division's prevention staff is working with CBSPP grantees to develop better strategies, outcome measures and community planning and readiness to deal with issues related to suicide. We are also helping our smallest and most remote grantees develop broader community ownership of the behavioral health issues within their communities and address the issue of community readiness before trying to implement prevention and intervention programming. Too many communities, especially those hard hit

by suicide, are not ready to address mental health issues and find healthy ways to intervene. We are working in close partnership with the Suicide Prevention Council on its statewide suicide prevention plan and media campaign to increase awareness and education about suicide and its impact on individuals, families and communities. We will continue to offer Suicide Prevention Gatekeeper training to all suicide prevention grantees in FY10.

- In an effort to broaden the scope of knowledge as to who the appropriate partners might be to work with us and grantees to improve suicide prevention outcomes, we will increase our focus on regional and community planning and readiness to address the difficult issues surrounding suicide. In addition, we will explore better utilization of our state's telemedicine capabilities. Many of the Alaska Native Health Corporations are entering into telemedicine agreements that will provide increased early intervention, screening and treatment capacity in rural areas. We also plan to link with the Alaska Native Tribal Health Consortium and rural health clinics to improve service delivery, provide Gatekeeper training and analyze recommendations from the Alaska Follow-back Study to identify new strategies for earlier intervention with identified high-risk individuals.

Significant Changes in Results to be Delivered in FY2011

There will be no significant changes in results to be delivered in FY 2011.

Major Component Accomplishments in 2009

- During FY09, 16 communities received community suicide grant funds. Grant awards ranged in value from \$18,000 to \$50,000, with the average award approximately \$30,000.
- The division's prevention staff continued to provide one-on-one technical assistance with the community suicide prevention programs to develop ways to better identify and document the outcomes of their program activities.
- Additional suicide prevention Gatekeeper Training of Trainers (TOT) trainings were held in FY09, increasing our cadre of certified Gatekeeper Trainers. We now have over 30 certified trainers across the state and across disciplines.
- The 30-credit RHS training program is offered at four rural campuses: Interior/Aleutian Campus at UAF; Kuskokwim Campus in Bethel; Northwest Community Campus in Nome; and Chukchi Campus in Kotzebue. The University of Alaska Anchorage focuses on students who work or plan to work providing services to individuals who have relocated to Anchorage from rural communities.
- We continued our partnership with the UAF to increase the number of qualified rural providers able to provide direct behavioral health prevention, early intervention and crisis services.
- The RHS program is an exemplary model for addressing the ongoing behavioral health workforce dilemma - helping to "grow" our workforce in their home communities. In 2009, the RHS program received recognition as a Native evidence-based program, unique in its structure, design and implementation.

Statutory and Regulatory Authority

AS 47.30.470-500 Mental Health
 7 AAC 78 Grant Programs

Contact Information
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**Rural Services and Suicide Prevention
Component Financial Summary**

All dollars shown in thousands

	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	277.2	398.6	398.6
74000 Commodities	1.0	10.0	10.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	2,089.6	2,513.0	2,513.0
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	2,367.8	2,921.6	2,921.6
Funding Sources:			
1002 Federal Receipts	20.7	500.0	500.0
1004 General Fund Receipts	269.9	285.9	285.9
1037 General Fund / Mental Health	128.4	148.9	148.9
1180 Alcohol & Other Drug Abuse Treatment & Prevention Fund	1,948.8	1,986.8	1,986.8
Funding Totals	2,367.8	2,921.6	2,921.6

Estimated Revenue Collections

Description	Master Revenue Account	FY2009 Actuals	FY2010 Conference Committee	FY2010 Authorized	FY2010 Authorized	FY2011 Governor
Unrestricted Revenues						
None.		0.0	0.0	0.0	0.0	0.0
Unrestricted Total		0.0	0.0	0.0	0.0	0.0
Restricted Revenues						
Federal Receipts	51010	0.0	0.0	0.0	0.0	500.0
Restricted Total		0.0	0.0	0.0	0.0	500.0
Total Estimated Revenues		0.0	0.0	0.0	0.0	500.0

**Summary of Component Budget Changes
From FY2010 Management Plan to FY2011 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2010 Management Plan	434.8	500.0	1,986.8	2,921.6
FY2011 Governor	434.8	500.0	1,986.8	2,921.6

Component Detail All Funds
Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)
RDU: Behavioral Health (483)

	FY2009 Actuals	FY2010 Conference Committee	FY2010 Authorized	FY2010 Management Plan	FY2011 Governor	FY2010 Management Plan vs FY2011 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	277.2	398.6	398.6	398.6	398.6	0.0	0.0%
74000 Commodities	1.0	10.0	10.0	10.0	10.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	2,089.6	2,513.0	2,513.0	2,513.0	2,513.0	0.0	0.0%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	2,367.8	2,921.6	2,921.6	2,921.6	2,921.6	0.0	0.0%
Fund Sources:							
1002 Fed Rcpts	20.7	500.0	500.0	500.0	500.0	0.0	0.0%
1004 Gen Fund	269.9	285.9	285.9	285.9	285.9	0.0	0.0%
1037 GF/MH	128.4	148.9	148.9	148.9	148.9	0.0	0.0%
1180 Alcohol Fd	1,948.8	1,986.8	1,986.8	1,986.8	1,986.8	0.0	0.0%
General Funds	398.3	434.8	434.8	434.8	434.8	0.0	0.0%
Federal Funds	20.7	500.0	500.0	500.0	500.0	0.0	0.0%
Other Funds	1,948.8	1,986.8	1,986.8	1,986.8	1,986.8	0.0	0.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

Change Record Detail - Multiple Scenarios With Descriptions
Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)

RDU: Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2010 Conference Committee To FY2010 Authorized *****												
FY2010 Conference Committee												
ConfCom		2,921.6	0.0	0.0	398.6	10.0	0.0	2,513.0	0.0	0	0	0
1002 Fed Rcpts		500.0										
1004 Gen Fund		285.9										
1037 GF/MH		148.9										
1180 Alcohol Fd		1,986.8										
Subtotal		2,921.6	0.0	0.0	398.6	10.0	0.0	2,513.0	0.0	0	0	0
***** Changes From FY2010 Authorized To FY2010 Management Plan *****												
Subtotal		2,921.6	0.0	0.0	398.6	10.0	0.0	2,513.0	0.0	0	0	0
***** Changes From FY2010 Management Plan To FY2011 Governor *****												
Totals		2,921.6	0.0	0.0	398.6	10.0	0.0	2,513.0	0.0	0	0	0

Line Item Detail
Department of Health and Social Services
Services

Component: Rural Services and Suicide Prevention (2597)
RDU: Behavioral Health (483)

Line Number	Line Name			FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
73000	Services			277.2	398.6	398.6
Expenditure Account	Servicing Agency	Explanation		FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
73000 Services Detail Totals				0.0	0.0	398.6
73026		Training/Conferences		0.0	0.0	10.0
		Contract to provide regional Alaska Gatekeeper Trainings, implemented as part of the federal Youth Suicide Prevention Grant.				
73668		Room/Space		0.0	0.0	24.5
		DBH sponsored Train the Trainer Gatekeeper Suicide Prevention events.				
73818	Univ	Training (Services-IA Svcs)		0.0	0.0	154.0
		RSA with University of Alaska Fairbanks for continued program administration and coordination of the Rural Human Services Program which provides training for rural counselors.				
73818	Univ	Training (Services-IA Svcs)		0.0	0.0	120.0
		RSA with University of Alaska Fairbanks for School of Social Work, Rural Intensive BSW Program.				
73823	Univ	Health		0.0	0.0	25.0
		RSA with University of Alaska Anchorage for Campus Suicide Prevention Pilot project as part of the Alaska Youth Suicide Prevention project.				
73979		Mgmt/Consulting (IA Svcs)		0.0	0.0	15.1
		Excess spending authorization for federal revenue.				
73979	Univ	Mgmt/Consulting (IA Svcs)		0.0	0.0	50.0
		RSA with University of Alaska Anchorage for Performance Evaluation of the federal Youth Suicide Prevention grant.				

Line Item Detail
Department of Health and Social Services
Commodities

Component: Rural Services and Suicide Prevention (2597)
RDU: Behavioral Health (483)

Line Number	Line Name		FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
74000	Commodities		1.0	10.0	10.0
Expenditure Account	Servicing Agency	Explanation	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
74000 Commodities Detail Totals			0.0	0.0	10.0
74229	Business Supplies	Excess spending authorization for federal revenue.	0.0	0.0	10.0

Line Item Detail
Department of Health and Social Services
Grants, Benefits

Component: Rural Services and Suicide Prevention (2597)
RDU: Behavioral Health (483)

Line Number	Line Name		FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
77000	Grants, Benefits		2,089.6	2,513.0	2,513.0
Expenditure Account	Servicing Agency	Explanation	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
77000 Grants, Benefits Detail Totals			0.0	0.0	2,513.0
77110	Grants	Comprehensive Prevention and Early Intervention grants for Suicide Prevention.	0.0	0.0	2,123.1
77111	Prevention	Rural Human Services Grant awards utilizing the federal Youth Suicide Prevention Grant funds.	0.0	0.0	340.0
77118	Nonres Treatment	Excess spending authorization for federal revenue.	0.0	0.0	49.9

Restricted Revenue Detail
Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)
RDU: Behavioral Health (483)

Master Account	Revenue Description	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
51010	Federal Receipts	0.0	0.0	500.0

Detail Information

Revenue Amount	Revenue Description	Component	Collocation Code	AKSAS Fund	FY2009 Actuals	FY2010 Management Plan	FY2011 Governor
51010	Federal Receipts		6337353	11100	0.0	0.0	500.0
	\$425.0 - SAMHSA Youth Suicide Prevention Grant, CFDA 93.243. The purpose of this program is to build on the foundation of prior suicide prevention efforts in order to support States and tribes in developing and implementing Statewide or tribal youth suicide prevention and early intervention strategies, grounded in public/private collaboration.						
	\$75.0 - Excess federal receipt authorization: to allow for potential increase to the SAMHSA Youth Suicide Prevention Grant						

Inter-Agency Services
Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)
RDU: Behavioral Health (483)

Expenditure Account	Service Description	Service Type	Servicing Agency	FY2009 Actuals	FY2010		FY2011 Governor
					Management Plan		
73818	Training (Services-IA Svcs)	RSA with University of Alaska Fairbanks for continued program administration and coordination of the Rural Human Services Program which provides training for rural counselors.	Inter-dept	Univ	0.0	0.0	154.0
73818	Training (Services-IA Svcs)	RSA with University of Alaska Fairbanks for School of Social Work, Rural Intensive BSW Program.	Inter-dept	Univ	0.0	0.0	120.0
73818 Training (Services-IA Svcs) subtotal:					0.0	0.0	274.0
73823	Health	RSA with University of Alaska Anchorage for Campus Suicide Prevention Pilot project as part of the Alaska Youth Suicide Prevention project.	Inter-dept	Univ	0.0	0.0	25.0
73823 Health subtotal:					0.0	0.0	25.0
73979	Mgmt/Consulting (IA Svcs)	RSA with University of Alaska Anchorage for Performance Evaluation of the federal Youth Suicide Prevention grant.	Inter-dept	Univ	0.0	0.0	50.0
73979 Mgmt/Consulting (IA Svcs) subtotal:					0.0	0.0	50.0
Rural Services and Suicide Prevention total:					0.0	0.0	349.0
Grand Total:					0.0	0.0	349.0