

State of Alaska
FY2007 Governor's Operating Budget

Department of Health and Social Services
AK Fetal Alcohol Syndrome Program
Component Budget Summary

Component: AK Fetal Alcohol Syndrome Program

Contribution to Department's Mission

To reduce alcoholism and substance use and abuse among pregnant women and women of child bearing age.

The mission of the Alaska Fetal Alcohol Syndrome (FAS) program is to prevent all alcohol-related birth defects, to increase diagnostic services in Alaska, to improve the delivery of services to those individuals already affected by fetal alcohol spectrum disorders (FASD) and to evaluate the outcomes of our statewide project.

Core Services

Services include training, public education, development of statewide diagnostic services, community support through grants and contracts, and the ongoing development of partnerships with other divisions, departments, community agencies, Native health corporations and parents/caregivers to decrease the prevalence of FAS.

FY2007 Resources Allocated to Achieve Results

FY2007 Component Budget: \$2,796,000

Personnel:

Full time	0
Part time	0
Total	0

Key Component Challenges

As the Alaska FAS Project moves into Phase II, reduced funding is a challenge, but one that we have anticipated, knowing the federal FAS grant was limited to 5-years of funding. The challenge that lies ahead for the FAS Project is to maintain the individual, local, regional and statewide momentum to continue the successes of the past eight years and to move the FAS agenda forward, identifying and filling gaps in services. One key gap identified by the four regional summits is the lack of services for youth and adults with an FASD - services for children are much more prevalent than services for those children who are aging out of our children's services models. Our biggest challenge in the next year will be to better identify services and interventions that are principle-based and promising in being able to provide successful services to this population of young people and adults experiencing disabilities resulting from an FASD.

Significant Changes in Results to be Delivered in FY2007

On September 30, 2005 the 5-year federal Substance Abuse and Mental Services Administration (SAMHSA) grant for our state's FAS Project ended. Due to careful and judicious spending over the five years, we received a one year no-cost extension for FY2006 and the first quarter of SFY07, with carry forward dollars of approximately \$2.8 million. In addition, the DBH received an increment of \$596,000 in state general funds for FY06, specifically to continue the statewide FASD Diagnostic Team Network. The FY07 budget includes a new increment of \$500,000 to continue community-based FASD services and interventions, specifically for working with youth and adults with an FASD - job training and coaching, life-skills training, independent living services and others. In addition we will continue our FASD public education efforts, prevention programming for women of child-bearing age and community-based prevention and service delivery programs.

The division has proposed the following increment in the FY07 Governor's budget:

Fetal Alcohol Spectrum Disorders

\$500.0 General Funds/Mental Health

These new funds will begin addressing these identified gaps in services:

- * Adult diagnostic services
- * Job-training and job-coaching for youth and adults with an FASD
- * In-state residential treatment options for children and youth with an FASD
- * Statewide prevention messaging - educating Alaska about the dangers of drinking alcohol during pregnancy.

Major Component Accomplishments in 2005

FY05 was the eighth year for the Alaska FAS project and the fifth and final year of the SAMHSA FAS funding. Project highlights include:

- The final phase of our 3-part statewide public education/media campaign was distributed throughout FY05. Part three focused on the role of medical and health care providers to inform their patients about the dangers of drinking alcohol during pregnancy. The campaign included TV, radio and print public service announcements developed by Nerland Agency of Anchorage. The ads use the continuing message "if you are pregnant or thinking about becoming pregnant, don't drink." The ads featured three Alaskan doctors - Dr. Donna Galbreath of Fairbanks; Dr. Tom Nighswander of Anchorage; and Dr. Kalpna Thuraisamy of Ketchikan. Copies of ads were distributed to all media outlets across Alaska. The media campaign ran throughout FY05 and continues to be aired in FY06.
- The Fetal Alcohol Spectrum Disorder (FASD) curriculum development project, aimed at training all service providers across disciplines about FASD, was completed in FY05. FASD 101 is titled "Disabilities of Discovery: Insights into Brain-Based Disabilities" and FASD 201 is titled "Developing Successful Interventions and Supports." In an effort to develop a distribution plan for getting this training statewide we have trained and certified 42 FASD 101 trainers and 25 FASD 201 trainers. Over 3200 individuals have received the FASD 101 training with an overall increase in FASD knowledge of 31%. A list of all certified trainers is on the DBH website at www.hss.state.ak.us/fas/Resources/trainers/default.htm.
- In an effort to keep our activities developed and provided at the community level, the Office of FAS combined FASD community-based grant programs into the DBH Comprehensive Prevention and Early Intervention Services Request for Proposals (RFP). This approach will assist in developing more comprehensive prevention programs that look more broadly at promotion, prevention and overall community and individual health and wellness - linking community partners together to work on similar and linked programming. These projects range from prevention programs aimed at middle and high-school aged youth; to prenatal programs working with expectant moms and dads; to training programs for school personnel working with children and youth with an FASD; to life-skills development programs for adolescents and young adults with an FASD.
- The Alaska FASD community-based diagnostic team network is a comprehensive FASD diagnostic service delivery system. We currently have 12 community-based diagnostic teams across Alaska and one specialized team located at the Alaska Psychiatric Institute (API). Since 2000, when we first began diagnosing FASD using the University of Washington developed 4-Digit Diagnostic Process, we have diagnosed over 800 individuals. Of those who completed a diagnosis approximately 10% had full FAS (with the facial features and growth deficiencies); 84% received a diagnosis indicating significant brain damage; and approximately 6% did not show signs of an alcohol-related disability. Once a diagnosis is complete, case planning occurs and recommendations for specific services, interventions and accommodations are made. The average age at diagnosis is between 10-12 years of age.
- By increasing our diagnostic capacity, we have in turn increased reporting to the Alaska Birth Defects Registry for births impacted by alcohol. In partnership with the Division of Public Health, Section of Epidemiology, FAS Surveillance Project, we are improving our FAS prevalence rates for Alaska. The current FAS statistics indicate that during 1995 through 1999 an average of 15 Alaskan infants were born each year with FAS. During this same time period an average of 163 Alaskan infants were born affected by maternal alcohol use during pregnancy. More than 1/3 of children who were diagnosed with FAS were born preterm and with low or very low birth weight. As we continue to improve our diagnostic capacity and continue to better educate Alaskan's about FASD, our FAS prevalence rates will become more and more accurate.
- During FY05, the DBH Office of FAS held four regional summits to work with community providers, parents, caregivers, educators, tribal leaders and others to explore the accomplishments of the past eight years and to identify the continuing gaps in services. A report of these four summits and the strategies identified for the next 1-5 years was released at the statewide FAS Summit 2005 "Honoring our Past, Shaping our Future."

Statutory and Regulatory Authority

AS 47.30.470-500	Mental Health
AS 47.37	Uniform Alcoholism & Intoxication Treatment Act
7 AAC 28	Community Grant-In-Aid Program for Alcoholism
7 AAC 78	Grant Programs

Contact Information
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**AK Fetal Alcohol Syndrome Program
Component Financial Summary**

All dollars shown in thousands

	FY2005 Actuals	FY2006 Management Plan	FY2007 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.8	0.0	0.0
73000 Services	2,334.4	3,385.3	1,000.0
74000 Commodities	5.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	2,609.8	3,039.1	1,796.0
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	4,950.0	6,424.4	2,796.0
Funding Sources:			
1002 Federal Receipts	4,950.0	5,828.4	1,700.0
1004 General Fund Receipts	0.0	596.0	596.0
1037 General Fund / Mental Health	0.0	0.0	500.0
Funding Totals	4,950.0	6,424.4	2,796.0

Estimated Revenue Collections

Description	Master Revenue Account	FY2005 Actuals	FY2006 Management Plan	FY2007 Governor
Unrestricted Revenues				
None.		0.0	0.0	0.0
Unrestricted Total		0.0	0.0	0.0
Restricted Revenues				
Federal Receipts	51010	4,950.0	5,828.4	1,700.0
Restricted Total		4,950.0	5,828.4	1,700.0
Total Estimated Revenues		4,950.0	5,828.4	1,700.0

**Summary of Component Budget Changes
From FY2006 Management Plan to FY2007 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2006 Management Plan	596.0	5,828.4	0.0	6,424.4
Proposed budget decreases:				
-Reduce Federal Authority for Alaska FAS Grant	0.0	-4,128.4	0.0	-4,128.4
Proposed budget increases:				
-Fetal Alcohol Spectrum Disorders (FASD)	500.0	0.0	0.0	500.0
FY2007 Governor	1,096.0	1,700.0	0.0	2,796.0