

**State of Alaska  
FY2003 Governor's Operating Budget**

**Department of Health and Social Services  
Psychiatric Emergency Services  
Component Budget Summary**

## **Component: Psychiatric Emergency Services**

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### **Component Mission**

The mission of the Division is to plan with and provide appropriate prevention, treatment and support for families impacted by mental disorders or developmental disabilities, while maximizing self-determination.

### **Component Services Provided**

The Psychiatric Emergency Services component provides competitive grant funding to community mental health agencies for services intended to aid people in psychiatric crisis. The service array may include crisis intervention and brief therapeutic interventions to help stabilize the client and follow-up services. There are also specialized services such as outreach teams and residential crisis/respice services.

### **Component Goals and Strategies**

1) PROVIDE A COST-EFFECTIVE MINIMUM BASIC ARRAY OF OUTPATIENT, RESIDENTIAL AND INPATIENT SERVICES IN ALL AREAS OF THE STATE TO RESPOND TO A VARIETY OF PSYCHIATRIC EMERGENCY SITUATIONS, AND TO PROVIDE BRIEF STABILIZATION AND FOLLOW-UP SERVICES.

- Distribute psychiatric emergency services grants to local community mental health agencies to establish basic service capacity in each of the state's service areas.
- Assist local programs in the implementation and on-going operation of the programs.

2) IN EACH COMMUNITY, DEVELOP A LOCALLY APPROPRIATE SET OF SERVICES THAT ARE THE LEAST RESTRICTIVE AND INTRUSIVE POSSIBLE, EMPHASIZING NON-HOSPITAL OPTIONS.

- In each service area, work with local providers, consumers, and the community to maximally utilize local resources and existing service configurations.
- Set broad service parameters based on state guidelines and service principles, while allowing local creativity within those parameters.

3) CONTINUE DEVELOPMENT OF THE NEW SINGLE POINT OF ENTRY FACILITY AND OTHER SUPPORT SERVICES IN ANCHORAGE AND THE SURROUNDING AREA, THEREBY REDUCING ADMISSION PRESSURE AT API.

- Continue the program development of the Single Point of Entry facility and related emergency mental health services.
- Work with the Anchorage community to integrate the new services into their community mental health system.

### **Key Component Issues for FY2002 – 2003**

A major issue facing the component is the current reluctance of some providers to work with high acuity clients. Ongoing efforts to enact new service provider requirements will continue.

The Division will continue to seek new legislation to expand the types of clinicians allowed to provide ex-parte psychiatric evaluations under AS 47.30 to include licensed social workers, licensed marriage and family therapists and licensed professional counselors.

API and other mental health service provider agencies in Alaska are experiencing difficulty recruiting psychiatrists. Since there is only a limited supply of psychiatrists in the nation, they are in high demand and agencies in the country's more densely populated areas tend to be able to offer an employment/lifestyle package which is more attractive than Alaska can offer.

### **Major Component Accomplishments in 2001**

- 1) Maintained FY 2001 services at the FY 2000 level, with no significant program changes.
- 2) Served approximately 15,000 people, many of whom were also served in other components when not in crisis.

### **Statutory and Regulatory Authority**

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services

**Psychiatric Emergency Services  
Component Financial Summary**

*All dollars in thousands*

	FY2001 Actuals	FY2002 Authorized	FY2003 Governor
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Contractual	3.4	50.0	50.0
74000 Supplies	0.0	0.0	0.0
75000 Equipment	0.0	0.0	0.0
76000 Land/Buildings	0.0	0.0	0.0
77000 Grants, Claims	6,820.8	8,330.1	8,564.2
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>6,824.2</b>	<b>8,380.1</b>	<b>8,614.2</b>
<b>Funding Sources:</b>			
1002 Federal Receipts	885.7	1,554.5	1,343.0
1007 Inter-Agency Receipts	550.3	0.0	0.0
1037 General Fund / Mental Health	5,384.8	6,525.6	7,021.2
1092 Mental Health Trust Authority Authorized Receipts	3.4	300.0	250.0
<b>Funding Totals</b>	<b>6,824.2</b>	<b>8,380.1</b>	<b>8,614.2</b>

**Estimated Revenue Collections**

Description	Master Revenue Account	FY2001 Actuals	FY2002 Authorized	FY2002 Cash Estimate	FY2003 Governor	FY2004 Forecast
<b>Unrestricted Revenues</b>						
None.		0.0	0.0	0.0	0.0	0.0
<b>Unrestricted Total</b>		<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>
<b>Restricted Revenues</b>						
Federal Receipts	51010	885.7	1,554.5	1,206.3	1,343.0	288.5
Interagency Receipts	51015	550.3	0.0	0.0	0.0	0.0
Mental Health Trust Authority Auth.Rec.	51410	3.4	300.0	300.0	250.0	250.0
<b>Restricted Total</b>		<b>1,439.4</b>	<b>1,854.5</b>	<b>1,506.3</b>	<b>1,593.0</b>	<b>538.5</b>
<b>Total Estimated Revenues</b>		<b>1,439.4</b>	<b>1,854.5</b>	<b>1,506.3</b>	<b>1,593.0</b>	<b>538.5</b>

**Psychiatric Emergency Services**

**Proposed Changes in Levels of Service for FY2003**

- The Suicide/MH Conference was a one-time item and will not recur in FY03.
- The Single Point of Entry being established in Anchorage will be completely implemented.

**Summary of Component Budget Changes**

**From FY2002 Authorized to FY2003 Governor**

*All dollars in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
<b>FY2002 Authorized</b>	<b>6,525.6</b>	<b>1,554.5</b>	<b>300.0</b>	<b>8,380.1</b>
<b>Adjustments which will continue current level of service:</b>				
-Develop Web-based ARORA Front End	0.0	-500.0	0.0	-500.0
-Delete Rural Suicide Conference	0.0	0.0	-50.0	-50.0
-Transfer in Federal Authorization from Chronically Mentally Ill component ADN 0620002	0.0	288.5	0.0	288.5
<b>Proposed budget increases:</b>				
-Community Mental Health/API Replacement - Enhanced Crisis Respite	495.6	0.0	0.0	495.6
<b>FY2003 Governor</b>	<b>7,021.2</b>	<b>1,343.0</b>	<b>250.0</b>	<b>8,614.2</b>