

# **State of Alaska FY2015 Governor's Operating Budget**

## **Department of Health and Social Services Psychiatric Emergency Services Component Budget Summary**

**Component: Psychiatric Emergency Services**

**Contribution to Department's Mission**

Through the award of competitive grants to community / regional comprehensive behavioral health centers, Psychiatric Emergency Services works to ensure that local communities are able to provide services that protect and treat local residents experiencing psychiatric behavioral health emergencies, recognizing that the goal is always to maintain these individuals in the least restrictive, clinically appropriate treatment closest to their home community.

**Core Services**

- Provide help to individuals at the onset of a behavioral health crisis or psychiatric emergency, recognizing – even at the earliest stages of the intervention – that the goal is always to maintain the individual in the least restrictive and clinically appropriate (“closest to home”) location.
- Provide an array of emergency services that extends from local crisis intervention and assessment services to brief, therapeutic interventions that help stabilize a person and offer follow up with local, community-based behavioral health services, to acute care hospitalizations at Designated Evaluation and Stabilization and / or Designated Evaluation and Treatment hospitals or the Alaska Psychiatric Institute.
- Provide competitive grants to comprehensive community behavioral health agencies in order to fund services statewide that are intended to aid individuals experiencing a behavioral health crisis.
- Respond to disasters and coordinate or participate in local, state, and federal emergency response efforts.

**Major Component Accomplishments in 2013**

- A longitudinal (20+ year) study of Alaska Psychiatric Institute admissions, titled “Current and Historical Admissions Patterns at Alaska Psychiatric Institute,” was completed and published in FY2013. The study was funded with Mental Health Trust Authority Authorized Receipts and managed by the division’s emergency services program specialist working with Alaska Psychiatric Institute information technology staff and through an emergency mental health services utilization project with the University of Alaska Anchorage’s Center for Behavioral Health Research and Services. The report’s valuable information helps inform decision makers. [www.uaa.alaska.edu/cbhrs/publications/upload/EMHS-Report-1.pdf](http://www.uaa.alaska.edu/cbhrs/publications/upload/EMHS-Report-1.pdf)
- In FY2013, the Providence Psychiatric Emergency Room transferred only 15 percent of its 4,355 admissions to the Alaska Psychiatric Institute; the remainder were discharged home or to other treatment or respite facilities or programs. This percentage from the Providence Psychiatric Emergency Room appears representative of the success of most communities in meeting the program goal of being able to treat most patients close to home.

**Key Component Challenges**

- Each community in Alaska, be it village or urban center, must have some level of capacity to respond to behavioral health emergencies, including psychiatric. In the event that local behavioral health options are not available, the psychiatric emergency must be coordinated by local primary care healthcare professionals with behavioral health backup (sometimes via technology or telephonically from a regional hub). Local challenges and solutions are as diverse as the geography and cultures of each Alaska community.
- Psychiatric Emergency Services is a part of the continuum of care and is often a partnership between the local or regional behavioral health provider agency, law enforcement, primary care, and a hospital emergency department. Due to the disparity in resources across the state, the level of coordination and attention to clinically appropriate intervention and postvention strategies requires continued efforts at standardization and continuing education.
- The development of quality local Psychiatric Emergency Services throughout the state, as well as the development of alternatives to hospitalization (such as crisis respite beds), is needed to minimize admissions to Alaska Psychiatric Institute, which is the only state-owned psychiatric hospital. The Alaska Psychiatric Institute, which has very limited capacity (80 total beds, with only 50 acute adult beds), has experienced a significant census increase in recent years. This admission pressure has forced the hospital to adopt an “acute care model” that does not allow for complete patient stabilization before the majority of its patients must be discharged in order

to provide a bed for another patient. This has led to a higher than desired rate of readmissions to the Alaska Psychiatric Institute within 30 days, ending with the alarming statistic that over 30 percent of Alaska Psychiatric Institute discharges are now readmitted within 180 days of their discharge.

### **Significant Changes in Results to be Delivered in FY2015**

The division will provide expanded statewide crisis prevention and intervention training to include sessions for emergency transport providers (like municipal ambulance services, emergency medical services, or air ambulance services, as well as any potential new secure transport providers and all existing Psychiatric Emergency Services providers). This will result in improvement in the administration of the emergency services system statewide.

### **Statutory and Regulatory Authority**

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services

<b>Contact Information</b>
<b>Contact:</b> Sarah Woods, Deputy Director <b>Phone:</b> (907) 465-1631 <b>Fax:</b> (907) 465-2499 <b>E-mail:</b> sarah.woods2@alaska.gov

<b>Psychiatric Emergency Services Component Financial Summary</b>			
		<i>All dollars shown in thousands</i>	
	<b>FY2013 Actuals</b>	<b>FY2014 Management Plan</b>	<b>FY2015 Governor</b>
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	1,362.2	1,321.6	1,321.6
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	6,710.8	6,047.9	6,047.9
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>8,073.0</b>	<b>7,369.5</b>	<b>7,369.5</b>
<b>Funding Sources:</b>			
1004 General Fund Receipts	1,678.4	1,714.4	1,714.4
1037 General Fund / Mental Health	6,394.6	5,655.1	5,655.1
<b>Funding Totals</b>	<b>8,073.0</b>	<b>7,369.5</b>	<b>7,369.5</b>

**Summary of Component Budget Changes  
From FY2014 Management Plan to FY2015 Governor**

*All dollars shown in thousands*

	<u>Unrestricted Gen (UGF)</u>	<u>Designated Gen (DGF)</u>	<u>Other Funds</u>	<u>Federal Funds</u>	<u>Total Funds</u>
<b>FY2014 Management Plan</b>	<b>7,369.5</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>7,369.5</b>
<b>FY2015 Governor</b>	<b>7,369.5</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>7,369.5</b>

**Component Detail All Funds**  
**Department of Health and Social Services**

**Component:** Psychiatric Emergency Services (AR23140) (1435)  
**RDU:** Behavioral Health (483)

	FY2013 Actuals	FY2014 Conference Committee	FY2014 Authorized	FY2014 Management Plan	FY2015 Governor	FY2014 Management Plan vs FY2015 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	1,362.2	1,426.0	1,426.0	1,321.6	1,321.6	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	6,710.8	6,890.1	6,890.1	6,047.9	6,047.9	0.0	0.0%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
<b>Totals</b>	<b>8,073.0</b>	<b>8,316.1</b>	<b>8,316.1</b>	<b>7,369.5</b>	<b>7,369.5</b>	<b>0.0</b>	<b>0.0%</b>
<b>Fund Sources:</b>							
1004Gen Fund (UGF)	1,678.4	1,714.4	1,714.4	1,714.4	1,714.4	0.0	0.0%
1037GF/MH (UGF)	6,394.6	6,601.7	6,601.7	5,655.1	5,655.1	0.0	0.0%
<b>Unrestricted General (UGF)</b>	<b>8,073.0</b>	<b>8,316.1</b>	<b>8,316.1</b>	<b>7,369.5</b>	<b>7,369.5</b>	<b>0.0</b>	<b>0.0%</b>
<b>Designated General (DGF)</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Other Funds</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Federal Funds</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Positions:</b>							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

**Change Record Detail - Multiple Scenarios with Descriptions**  
**Department of Health and Social Services**

**Component:** Psychiatric Emergency Services (1435)

**RDU:** Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2014 Conference Committee To FY2014 Authorized *****												
<b>FY2014 Conference Committee</b>												
	ConfCom	8,316.1	0.0	0.0	1,426.0	0.0	0.0	6,890.1	0.0	0	0	0
1004 Gen Fund		1,714.4										
1037 GF/MH		6,601.7										
<b>Subtotal</b>		<b>8,316.1</b>	<b>0.0</b>	<b>0.0</b>	<b>1,426.0</b>	<b>0.0</b>	<b>0.0</b>	<b>6,890.1</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>
***** Changes From FY2014 Authorized To FY2014 Management Plan *****												
<b>Transfer Comprehensive Behavioral Health Treatment and Recovery Grants to Services to the Seriously Mentally Ill</b>												
	Trout	-842.2	0.0	0.0	0.0	0.0	0.0	-842.2	0.0	0	0	0
1037 GF/MH		-842.2										
Transfer \$842.2 of general funds mental health to Services to the Seriously Mentally Ill. FY2014 is the first year of a new, three year grant cycle for the Comprehensive Behavioral Health Treatment and Recovery Grants. Funding recommendations resulted in a shift to more grant funding for services to seriously mentally ill adults and less grant funding for substance abuse treatment services and psychiatric emergency services.												
<b>Transfer to Designated Evaluation and Treatment for Title 47 Transports and Court-Ordered Commitments</b>												
	Trout	-104.4	0.0	0.0	-104.4	0.0	0.0	0.0	0.0	0	0	0
1037 GF/MH		-104.4										
Transfer \$104.4 general funds mental health to Designated Evaluation and Treatment.												
In FY2012, Title 47 transport costs and hospital costs for the Designated Evaluation and Treatment program totaled \$3,248.6. In FY2013, those costs are projected to total \$3,513.7. If expenditures in FY2014 are assumed at FY2013 levels, the Designated Evaluation and Treatment component will be short funded.												
The transfer of \$104.4 from Psychiatric Emergency Services to the Designated Evaluation and Treatment will help offset some of the projected FY2014 shortfall.												
This component provides funding for hospital-based evaluation and treatment services to Alaskans experiencing a mental health crisis, when the needs of those individuals in crisis exceed the treatment capacities of their local communities, including the service options of their grant-funded comprehensive behavioral health center staff. As a result, these individuals are court-ordered to a designated evaluation and treatment facility for involuntary evaluation and/or treatment under Alaska Statute 47.30.655 - Alaska Statute 47.30.915.												
The excess services authority has served as potential emergency contingency funding within the Psychiatric Emergency Services component. However, this cache has not been drawn upon since FY2010; therefore the division is not anticipating future use.												
This will aid the division with accurately budgeting for projected costs within the Designated Evaluation and Treatment component and allow the division to avert a general fund shortfall.												
<b>Subtotal</b>		<b>7,369.5</b>	<b>0.0</b>	<b>0.0</b>	<b>1,321.6</b>	<b>0.0</b>	<b>0.0</b>	<b>6,047.9</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>

**Change Record Detail - Multiple Scenarios with Descriptions**  
**Department of Health and Social Services**

**Component:** Psychiatric Emergency Services (1435)  
**RDU:** Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2014 Management Plan To FY2015 Governor *****												
	Totals	7,369.5	0.0	0.0	1,321.6	0.0	0.0	6,047.9	0.0	0	0	0

**Line Item Detail**  
**Department of Health and Social Services**  
**Services**

**Component:** Psychiatric Emergency Services (1435)  
**RDU:** Behavioral Health (483)

<b>Line Number</b>	<b>Line Name</b>		<b>FY2013 Actuals</b>	<b>FY2014 Management Plan</b>	<b>FY2015 Governor</b>
73000	Services		1,362.2	1,321.6	1,321.6
<b>Expenditure Account</b>			<b>FY2013 Actuals</b>	<b>FY2014 Management Plan</b>	<b>FY2015 Governor</b>
<b>73000 Services Detail Totals</b>			<b>1,362.2</b>	<b>1,321.6</b>	<b>1,321.6</b>
73175	Health Services		55.9	0.0	0.0
73750	Other Services (Non IA Svcs)		0.0	56.0	56.0
73823	Health		1,265.5	0.0	0.0
73823	Health	H&SS	0.0	1,265.6	1,265.6
73979	Mgmt/Consulting (IA Svcs)		40.8	0.0	0.0

**Line Item Detail**  
**Department of Health and Social Services**  
**Grants, Benefits**

**Component:** Psychiatric Emergency Services (1435)  
**RDU:** Behavioral Health (483)

Line Number	Line Name		FY2013 Actuals	FY2014 Management Plan	FY2015 Governor
77000	Grants, Benefits		6,710.8	6,047.9	6,047.9
Expenditure Account	Servicing Agency	Explanation	FY2013 Actuals	FY2014 Management Plan	FY2015 Governor
<b>77000 Grants, Benefits Detail Totals</b>			<b>6,710.8</b>	<b>6,047.9</b>	<b>6,047.9</b>
77110	Grants	Psychiatric emergency services funded from the Comprehensive Treatment & Recovery Grant Program	6,660.0	6,010.4	6,010.4
77110	Grants	Emergency client travel	0.0	37.5	37.5
77670	Benefits		50.8	0.0	0.0

**Inter-Agency Services**  
**Department of Health and Social Services**

**Component:** Psychiatric Emergency Services (1435)  
**RDU:** Behavioral Health (483)

Expenditure Account	Service Description	Service Type	Servicing Agency	FY2013 Actuals	FY2014 Management Plan	FY2015 Governor
73823	Health	Inter-dept		1,265.5	0.0	0.0
73823	Health	Intra-dept	H&SS	0.0	1,265.6	1,265.6
			<b>73823 Health subtotal:</b>	<b>1,265.5</b>	<b>1,265.6</b>	<b>1,265.6</b>
73979	Mgmt/Consulting (IA Svcs)	Inter-dept		40.8	0.0	0.0
			<b>73979 Mgmt/Consulting (IA Svcs) subtotal:</b>	<b>40.8</b>	<b>0.0</b>	<b>0.0</b>
			<b>Psychiatric Emergency Services total:</b>	<b>1,306.3</b>	<b>1,265.6</b>	<b>1,265.6</b>
			<b>Grand Total:</b>	<b>1,306.3</b>	<b>1,265.6</b>	<b>1,265.6</b>