

# **State of Alaska FY2005 Governor's Operating Budget**

## **Department of Health and Social Services McLaughlin Youth Center Component Budget Summary**

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## Component: McLaughlin Youth Center

### Contribution to Department's Mission

The McLaughlin Youth Center exists to provide confinement and rehabilitation of juvenile offenders who are in need of secure custody as determined by the court. These services are provided in a manner consistent with the Division of Juvenile Justice mission to hold juvenile offenders accountable for their behavior, promote the safety and restoration of victims and communities, and assist offenders and their families in developing skills to prevent crime.

### Core Services

McLaughlin Youth Center (MYC) provides confinement and rehabilitation of juvenile offenders who are in need of secure custody as determined by the court. Services are directed toward achieving short-term community protection (Secure Detention and Community Detention) and long-term rehabilitation (Training School). The Detention Units serve the Third Judicial District that includes the Municipality of Anchorage, Matanuska-Susitna Borough, Cordova, Valdez, Kodiak, Dillingham and Aleutian/Pribilof Islands. The Training School (four Cottage Programs, Classification Unit and Closed Treatment Unit) provides long-term residential services for institutionalized delinquent adolescents, primarily from the Third Judicial District. Currently the facility has 160 beds (60 detention beds, 95 training school program beds and 5 beds which can be used as either detention or treatment).

#### Detention Programs (60 beds)

MYC provides secure confinement for male and female youth who have been arrested on criminal charges or probation violations. The Detention units are primarily responsible for detaining youth from the Third Judicial District until their cases are investigated and a disposition can be made by the court. In addition to maintaining a safe environment detention staff act as judicial service officers by providing secure escorts to and from court. A comprehensive points system for detention unit residents is designed to modify unacceptable behavior. Youth Counselors help residents accomplish short-term goals through individual, group and family work and informational/educational presentations. Detained youth also receive academic evaluation as well as school and recreational programming. Contract psychiatrists and psychologists provide court-ordered evaluations and professional consultation for the Detention staff in dealing with youth experiencing a mental illness or youth with extremely challenging behaviors. During FY2003, there were approximately 1,238 admissions to MYC Detention units.

The Community Detention Program provides intensive community supervision for youth who have been detained and have court approval to be released pending court disposition. The program is designed to reduce overcrowding in the facility while ensuring community safety. Services include home visits, substance abuse testing, electronic monitoring, community work service, a school program for suspended and expelled youth, and social skill development. During FY2003, there were approximately 200 admissions to the MYC Community Detention unit.

#### Treatment Programs (100 beds)

The long-term treatment and training school programs use a variety of treatment methodologies to meet the needs of the residents classified to each unit. Restorative justice concepts and values are incorporated into each resident's treatment plan.

Classification Unit - A 25-bed program for youth who are entering long-term programs. Residents receive mental health screening, treatment needs assessment and development of the Initial Treatment Plan. This unit also provides secure confinement for youth who commit serious rule violations in the Cottage programs.

Cottage Two (Juvenile Sex Offender Program) - A 20-bed program that focuses on thinking errors, assault cycles and relapse prevention for male sex offenders.

Cottage Four (Positive Peer Culture) - A 20-bed cognitive-behavioral program for males who will benefit from group-oriented treatment intervention with a strong emphasis on skill development, helping others and community service.

Cottage Five (Girls Program) – The Gruening Treatment Program is a 10-bed unit within the 25-bed girls cottage that provides long-term treatment program for girls. Emphasis is placed on gender-specific issues for female juvenile

offenders. (Ten of the remaining beds in Cottage Five are designated as short-term detention beds for female offenders; five more beds are shared between the Gruening Treatment Program and the Denali Detention Program.)

Closed Treatment Unit - A 20-bed maximum secure unit that provides long-term treatment for male and female juveniles who are dangerous to themselves or others as well as for those who pose serious and significant challenges for individual programming due to a mental illness and/or co-occurring disorder.

Transitional Services Unit – This unit is designed to begin preparing each institutionalized youth for a gradual and successful re-entry into the community from the time s/he is institutionalized. The Youth Level of Services/Case Management Inventory (YLS/CMI) assessment instrument is utilized to identify specific individual needs and areas of risk. The results of the assessment, including information provided by the institutional treatment teams, probation officers, case files, families and other sources, are used to build a plan to provide a continuum of services, including overarching case management, reintegration and aftercare services throughout the period of transition from institutionalization until release from probation.

Intensive Community Supervision (Aftercare/Re-Integration) - Case managers (Youth Counselors assigned to living units) and a Recreational Therapist provide transitional and aftercare services to an average of 22 youth per year who are released to the community. Services are provided to each youth released in the Anchorage area for an average of 4.5 months after their release from the training school program.

#### School Programs

All MYC residents are provided an educational program with funds from the Department of Education and Early Development and administered by the Anchorage School District. Classroom space is provided by the facility. Since nearly two-thirds of the youth are two or more years behind academically, remedial education is emphasized.

#### Services in Support of Treatment and Detention Programs

Various supporting functions necessary for the operation of the 24-hour institution include:

Food Service Operations - Youth in residence at the facility who are in job-training work programs and kitchen staff serve more than 600 meals and 200 snacks daily.

Supply - Facility support of seven living units, Mat-Su Youth Facility, Anchorage and Southcentral Probation entails procurement and professional services contracting, property and supply control, and custodial services.

Plant Operations - Maintenance staff and youth in work programs maintain the 18-acre campus grounds; and staff maintain and repair more than 120,000 square feet of structural space (11 buildings, the oldest built 34 years ago) that houses all MYC operations and the MYC High School, the Anchorage District Office of Juvenile Probation, and the Anchorage Office of the Division of Juvenile Justice. MYC plant operations staff are also responsible for maintenance of the Mat-Su Youth Facility.

Medical Services - Medical, dental, and nursing services meet the essential medical needs, physical assessments, and emergency dental treatment for the up to 1,500 youth admitted annually. Services are provided by contract physicians services and MYC nursing staff.

Other Support Functions - Administrative and other functions in support of MYC programs include accounting for residents' funds (i.e., PFDs, restitution collection and disbursement, and resident work program earnings) and state budget expenditures, orienting and training staff to deal with youth and respond in emergency situations, processing personnel actions and payroll, and assuring compliance with American Correctional Association standards of accreditation.

### FY2005 Resources Allocated to Achieve Results

<b>FY2005 Component Budget: \$11,968,400</b>	<b>Personnel:</b>	
	Full time	149
	Part time	0
	<b>Total</b>	<b>149</b>

## Key Component Challenges

The new Transitional Services Unit (TSU) created at McLaughlin Youth Center in September of 2003 serves an important role in the Division's systemic improvements. This alternative step down program will require continued program development and service refinement as the Division's statewide strategies and emphasis on alternatives to secure institutionalization continue to evolve.

**Core Treatment Strategies** – As the Division moves forward with a plan to operationally define and implement a statewide approach to long-term treatment, each treatment unit will be required to develop a plan to implement Division-approved Core Treatment Strategies on all program units.

**Detention Unit Program Improvements** – Implement changes in detention units to address age separation, functional duplication and any needed changes resulting from utilization of the new Detention Assessment Instrument. In addition, expand community-based alternatives to secure detention.

**Mental Health Needs of Youth** - All MYC residents require mental health assessment and many require specific treatment services. One-third of MYC residents are currently prescribed psychotropic medications and 80% of that group is prescribed more than one medication. The increasing obligation to treat mental health needs requires additional staff training in areas specific to mental health. Increasing access to professional clinical mental health services is also necessary to meet the needs of these difficult youth.

**Restoring Victims and Communities** - Supervised work programs and coordination of volunteer activities allow offenders an opportunity to restore their victims and communities. An offender's accountability to his/her community and involvement with the community enhance awareness and develop skills that contribute to prevent future re-offenses. Community service projects have become an integral part of the eight living units. Future program development will focus on identifying and providing services to individual victims.

**Facility Maintenance** - An aging facility, with an 18-acre campus and 11 buildings, is increasingly difficult to maintain with its core maintenance staff. A strategic plan to address cottage replacement/remodel should be developed.

**Disproportionate Minority Confinement** – Statistics reflect an increasing percentage of Alaska Native Youth detained and admitted to long-term treatment, while the percentage of Caucasian detention and treatment admission has been steadily declining over the last five years. Disproportionate minority confinement is an issue of growing concern for MYC.

## Significant Changes in Results to be Delivered in FY2005

The implementation of an objective risk-based detention assessment instrument by the Division in early November 2003 will result in overall reductions in the numbers of youth admitted to secure detention facilities. MYC's detention units and community detention program will need to work closely with juvenile probation to refine, develop and expand community-based alternatives to secure detention.

## Major Component Accomplishments in 2003

During October 2002, McLaughlin Youth Center successfully completed a compliance audit with the American Correctional Association (ACA) and was accredited in January of 2003. Both the Detention Facility and Training

School (Treatment Program) at MYC underwent rigorous self-evaluation and scrutiny by a team of independent auditors. The auditors were impressed by the facility, its programs and staff, and the quality of life for the residents; they commented that MYC was one of the finest facilities in the nation.

In May 2003 MYC closed a boys treatment unit as part of overall DJJ System Improvements to better utilize statewide resources. This was accomplished by August 2003. Through use of cost savings, a new Transitional Services Unit was instituted in September to better meet the needs of institutionalized youth, from entry into treatment through aftercare services.

JOMIS has been fully implemented into the MYC treatment and detention programs. Staff audits have shown high compliance with utilizing JOMIS.

New juvenile justice research published this year demonstrated that during transitions from one facility program to another youth are at a higher risk of suicide. To address this concern a new suicide screening form was developed and is now utilized whenever a youth transfers from one MYC unit to another.

Through funds provided by the federal Going Home Reentry Grant, youth being released to the Anchorage area and their families are eligible to participate in Functional Family Therapy, provided through the grant by Anchorage Children's Services. The service began in June and now has a waiting list for participation.

MYC is now an official Boys & Girls Club site. The program is funded through the federal reentry grant and its focus is on providing transitional supports to youth being released from the facility. Both program and detention youth now participate in services provided by the Club.

## Statutory and Regulatory Authority

AS 47.05 Administration of Welfare, Social Services and Institutions  
AS 47.10 Children in Need in Aid  
AS 47.12 Delinquent Minors  
AS 47.14 Juvenile Institutions  
AS 47.15 Uniform Interstate Compact on Juveniles  
AS 47.17 Child Protection  
AS 47.18 Programs and Services Related to Adolescents  
AS 47.21 Adventure Based Education  
AS 47.37 Uniform Alcoholism and Intoxication Treatment Act  
7 AAC 52 Juvenile Correctional Facilities & Juvenile Detention Facilities  
7 AAC 54 Administration

### Contact Information

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### McLaughlin Youth Center Component Financial Summary

*All dollars shown in thousands*

	FY2003 Actuals	FY2004 Authorized	FY2005 Governor
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	9,343.1	10,006.1	10,059.3
72000 Travel	5.2	3.2	2.9
73000 Contractual	809.2	915.1	857.7
74000 Supplies	767.9	939.2	800.1
75000 Equipment	14.7	3.0	15.0
76000 Land/Buildings	0.0	0.0	0.0
77000 Grants, Claims	333.8	314.4	233.4
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>11,273.9</b>	<b>12,181.0</b>	<b>11,968.4</b>
<b>Funding Sources:</b>			
1002 Federal Receipts	0.0	10.0	0.0
1004 General Fund Receipts	10,627.7	11,572.5	11,369.9
1007 Inter-Agency Receipts	486.7	439.0	439.0
1037 General Fund / Mental Health	159.5	159.5	159.5
<b>Funding Totals</b>	<b>11,273.9</b>	<b>12,181.0</b>	<b>11,968.4</b>

### Estimated Revenue Collections

Description	Master Revenue Account	FY2003 Actuals	FY2004 Authorized	FY2005 Governor
<b>Unrestricted Revenues</b>				
None.		0.0	0.0	0.0
<b>Unrestricted Total</b>		<b>0.0</b>	<b>0.0</b>	<b>0.0</b>
<b>Restricted Revenues</b>				
Federal Receipts	51010	0.0	10.0	0.0
Interagency Receipts	51015	486.7	439.0	439.0
<b>Restricted Total</b>		<b>486.7</b>	<b>449.0</b>	<b>439.0</b>
<b>Total Estimated Revenues</b>		<b>486.7</b>	<b>449.0</b>	<b>439.0</b>

**Summary of Component Budget Changes  
From FY2004 Authorized to FY2005 Governor**

*All dollars shown in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
<b>FY2004 Authorized</b>	<b>11,732.0</b>	<b>10.0</b>	<b>439.0</b>	<b>12,181.0</b>
<b>Adjustments which will continue current level of service:</b>				
-Transfer Out Funding from MYC to Probation Services Component and Various Youth Facility Components	-225.9	0.0	0.0	-225.9
-Changes to Retirement and Other Personal Services Rates	369.8	0.0	0.0	369.8
<b>Proposed budget decreases:</b>				
-Department-wide travel reduction	-1.1	0.0	0.0	-1.1
-Delete vacant positions	-140.4	0.0	0.0	-140.4
-Remove funding for federal authority for MYC	0.0	-10.0	0.0	-10.0
-Decrement - MYC Medical Costs Refinanced with Pro Share Medicaid Program	-205.0	0.0	0.0	-205.0
<b>FY2005 Governor</b>	<b>11,529.4</b>	<b>0.0</b>	<b>439.0</b>	<b>11,968.4</b>

**McLaughlin Youth Center  
Personal Services Information**

Authorized Positions		Personal Services Costs		
	FY2004 Authorized	FY2005 Governor		
Full-time	156	149	Annual Salaries	6,418,225
Part-time	3	0	Premium Pay	0
Nonpermanent	0	0	Annual Benefits	2,991,516
			<i>Less 0.00% Vacancy Factor</i>	(0)
			Lump Sum Premium Pay	649,607
<b>Totals</b>	<b>159</b>	<b>149</b>	<b>Total Personal Services</b>	<b>10,059,348</b>

**Position Classification Summary**

Job Class Title	Anchorage	Fairbanks	Juneau	Others	Total
Accounting Clerk II	1	0	0	0	1
Accounting Tech I	1	0	0	0	1
Administrative Assistant	1	0	0	0	1
Administrative Clerk I	1	0	0	0	1
Administrative Clerk II	2	0	0	0	2
Administrative Clerk III	4	0	0	0	4
Administrative Manager III	1	0	0	0	1
Assoc Coordinator	2	0	0	0	2
Enviro Services Journey II	1	0	0	0	1
Food Service Journey	4	0	0	0	4
Food Service Lead	3	0	0	0	3
Food Service Supervisor	1	0	0	0	1
Juvenile Prob Officer II	2	0	0	0	2
Maint Gen Journey	4	0	0	0	4
Maint Spec Bfc Jrny II/Lead	1	0	0	0	1
Nurse II	2	0	0	0	2
Nurse III	1	0	0	0	1
Recreational Therapist II	1	0	0	0	1
Supply Technician I	1	0	0	0	1
Supply Technician II	1	0	0	0	1
Unit Leader	8	0	0	0	8
Youth Center Supt I	2	0	0	0	2
Youth Center Supt II	1	0	0	0	1
Youth Counselor I	9	0	0	0	9
Youth Counselor II	69	0	0	0	69
Youth Counselor III	25	0	0	0	25
<b>Totals</b>	<b>149</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>149</b>