

State of Alaska FY2002 Governor's Operating Budget

Department of Health and Social Services
Healthy Families
Component

Component: Healthy Families

Contact: Janet Clarke, Director, Administrative Services

Tel: (907) 465-1630 **Fax:** (907) 465-2499 **E-mail:** janet_clarke@health.state.ak.us

Component Mission

To reduce the incidence and severity of the abuse and neglect experience by the target children and families enrolled in the program. Additionally, the program seeks to assist families in resolving the problems and issues, such as unemployment, homeless and substance abuse, that creates stress in family's lives. We seek to increase capacity of caregivers to more successfully parent their children.

Component Services Provided

This is a child abuse/neglect prevention grant program currently serving seven communities/target groups (two in Anchorage) state-wide. One additional site, the Kenai Parent Support Program, is administered through the Section of Public Health Nursing. The programs screen all births in their designated service area; those families with positive screens are offered an assessment of eligibility for voluntary home visiting services. Paraprofessional home visitors, from the community in which the program is located, offer families of pregnant women and newborns who have significant life stressors, intensive services designed to enhance the parent's ability to provide a safe and nurturing environment for the infant(s). Services are provided for up to 3-5 years. Initially services are offered at least once a week; as families stabilize, service frequency decreases.

Component Goals and Strategies

Healthy Families Alaska is a home visiting program for pregnant women/families of newborns with life stressors that place their infants at risk for child abuse and neglect and other poor childhood outcomes. Services, offered intensively and over the long term (three to five years), are designed to promote infant-parent bonding, child health and development, supportive parenting, and family self-sufficiency. Programs screen and assess all pregnant women/parents of newborns in the geographic area served by the program; those with significant stressors are offered voluntary home visiting services. Examination of data from February 1998 reveals that the program is targeting high-risk parents. Of approximately 300 families enrolled in the program for greater than 90 days: 47% were on the Alaska Temporary Assistance Program (ATAP); 39% had domestic violence concerns; 52% were experiencing social isolation; 46% had mental health issues as a concern; 39% had not completed a GED or high school education; 75% were unemployed; 71% were on Medicaid; 22% were experiencing substance abuse; and 24% had alcohol abuse as a concern.

While the program is still fairly new (most programs have been providing services for less than two years) 39% of the families enrolled have been receiving services for greater than 12 months. The following promising outcomes have been achieved: 35% of primary care givers (usually mothers) have become employed or started school; 22% have graduated from ATAP; 54% obtained support services for domestic violence; 41% of those who felt isolated, are no longer experiencing isolation; 61% had stabilized their mental health issues; and 24% had completed their GED or graduated from high school. 94% of target children who had received at least one home visit were free of substantiated abuse.

MCFH has issued a contract with Johns Hopkins University to perform a control group study of the program and demonstrate program efficacy.

Key Component Issues for FY2001 – 2002

The John Hopkins randomized control study will study the effectiveness of the Healthy Family model against a control group.

Major Component Accomplishments for FY2000

Have seven highly functioning programs located throughout the state.

The Hopkins control study is well under way with 50% of the study's participants already enrolled.

Statutory and Regulatory Authority

N/A

Healthy Families
Component Financial Summary

All dollars in thousands

	FY2000 Actuals	FY2001 Authorized	FY2002 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	221.7	221.9	221.3
72000 Travel	0.0	0.0	0.0
73000 Contractual	100.0	100.0	100.0
74000 Supplies	0.0	0.0	0.0
75000 Equipment	0.0	0.0	0.0
76000 Land/Buildings	0.0	0.0	0.0
77000 Grants, Claims	903.0	979.3	979.3
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	1,224.7	1,301.2	1,300.6
Funding Sources:			
1004 General Fund Receipts	7.5	1.8	1.8
1007 Inter-Agency Receipts	1,111.2	1,195.2	1,198.8
1037 General Fund / Mental Health	6.0	0.0	0.0
1053 Investment Loss Trust Fund	0.0	1.5	0.0
1092 Mental Health Trust Authority Authorized Receipts	100.0	100.0	100.0
1108 Statutory Designated Program Receipts	0.0	2.7	0.0
Funding Totals	1,224.7	1,301.2	1,300.6

Estimated Revenue Collections

Description	Master Revenue Account	FY2000 Actuals	FY2001 Authorized	FY2001 Cash Estimate	FY2002 Governor	FY2003 Forecast
Unrestricted Revenues						
None.		0.0	0.0	0.0	0.0	0.0
Unrestricted Total		0.0	0.0	0.0	0.0	0.0
Restricted Revenues						
Interagency Receipts	51015	1,111.2	1,195.2	1,123.0	1,198.8	1,195.2
Statutory Designated Program Receipts	51063	0.0	2.7	2.7	0.0	0.0
Mental Health Trust Authority Auth.Rec.	51410	100.0	100.0	100.0	100.0	100.0
Restricted Total		1,211.2	1,297.9	1,225.7	1,298.8	1,295.2
Total Estimated Revenues		1,211.2	1,297.9	1,225.7	1,298.8	1,295.2

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Proposed Changes in Levels of Service for FY2002

No service changes.

Summary of Component Budget Changes From FY2001 Authorized to FY2002 Governor

All dollars in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2001 Authorized	3.3	0.0	1,297.9	1,301.2
Adjustments which will continue current level of service:				
-Convert Special FY2001 Labor Cost Fund Sources to GF	2.7	0.0	-2.7	0.0
-Year 2 Labor Costs - Net Change from FY2001	-4.2	0.0	3.6	-0.6
FY2002 Governor	1.8	0.0	1,298.8	1,300.6

Healthy Families

Personal Services Information

Authorized Positions			Personal Services Costs	
	FY2001 Authorized	FY2002 Governor		
Full-time	5	5	Annual Salaries	159,858
Part-time	0	0	COLA	1,864
Nonpermanent	0	0	Premium Pay	0
			Annual Benefits	65,802
			<i>Less 2.74% Vacancy Factor</i>	<i>(6,224)</i>
			Lump Sum Premium Pay	0
Totals	5	5	Total Personal Services	221,300

Position Classification Summary

Job Class Title	Anchorage	Fairbanks	Juneau	Others	Total
Administrative Clerk II	0	0	0	1	1
Public Health Nurse Aide	0	0	0	3	3
Public Health Nurse II	0	0	0	1	1
Totals	0	0	0	5	5